

WINTER 2018

UNIVERSITY OF TORONTO MEDICAL ALUMNI ASSOCIATION MAGAZINE

MAAMATTERS



A DAY IN THE LIFE OF A MISSISSAUGA MEDICAL STUDENT

MED SOC'S KIDS2HEAR PROGRAM • CONVOCATION 2018

Our extraordinary reach



BY THE TIME YOU READ this, the MAA will have installed a new president, Dr. David McKnight. So this is my last kick at the can!

When former MAA president Dr. Jay Keystone called me some years ago, out of respect for him I agreed, perhaps a bit reluctantly, to join the board.

As you do on boards you believe in, I inched my way to the top and became president.

Like most jobs, this one has its challenges, but I enjoy the insights it gives me into the extraordinary reach of the medical graduates of the Faculty. Establishing medical schools in western China, teaching in India, supporting exploratory commissions on malaria in western Africa and yellow fever in South America are contributions that go back many years. Recent graduates have been on the frontlines in Africa in caring for those with AIDS and Ebola fever. Underlying all this is the faithful, unheralded, first-class medical care our alumni render in communities across Canada and extending into the United States.

Your financial generosity is appreciated and will continue to support the values you cherish.

DR. PETER KOPPLIN, 6T3

PHOTO: KEVIN KELLY

Making medical education meaningful



ON BEHALF OF THE Faculty of Medicine, I'd like to thank the Medical Alumni Association for its important support of our students – by contributing financially to student awards and bursaries, engaging our alumni, and sponsoring events and student clubs.

As we prepare the health care leaders of tomorrow, we are consistently developing new ways to make medical education as meaningful as it can be.

For example, our new Foundations Curriculum, as well as a variety of other initiatives and student groups, enhances the experience of medical school from Day 1. Today's students are learning from patients early on, discussing cases in small-group tutorials and practising their skills with standardized patients. And student-led initiatives, such as the community-based hearing assessment program described in "Can you hear me?" (page 3), enable learners to have a tangible impact.

Support from MAA scholarships and bursaries also helps us recruit academically strong students who may not otherwise be able to afford a medical education, whether due to socioeconomic status or other barriers. This diversity in our student body enriches the educational experience for everyone.

DR. TREVOR YOUNG

PHOTO: FACULTY OF MEDICINE



MAA Matters is published by the Medical Alumni Association in co-operation with the University of Toronto Faculty of Medicine.

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ON THE COVER: Monica Shah, Class of 2021, outside the Terrence Donnelly Medical Sciences Complex

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CAN YOU HEAR ME?

A student-run screening program identifies hearing deficits in schoolchildren

Student Seiwon Park practises her otoscope technique on audiologist Vicky Papaioannou

IN January, about 15 med students will start visiting elementary schools to test children's hearing through the unique Medical Society program Kids2Hear. "We're going to inner-city schools near the St. George campus, so it's personal," says Seiwon Park, this year's program director. "These kids are our neighbours and they're at increased risk for hearing deficits. Some are from countries that may not have newborn hearing screening. Many are immigrants who aren't fluent in English or are from low-income families, and these factors affect their access to health care."

U of T med students initiated Kids2Hear 11 years ago after noting the success of the Medical Society's Kids2See program, which assesses schoolchildren's vision. The students asked: Why shouldn't children have their hearing screened, too? Then they reached out to audiologist Vicky Papaioannou and otolaryngologist Dr. Blake Papsin (8T8) at SickKids for help. Together, they created Kids2Hear, the only program of its kind in medical schools across Canada.

To prepare the med students for conducting hearing assessments, staff from SickKids' audiology and otolaryngology departments provide a two-hour training program. The students learn how to use an otoscope and screening audiometer and how to interpret their findings. An otolaryngology fellow or resident along with audiologists and/or support personnel then supervise the med students at the schools. In total, the students will screen more than 300 children in kindergarten. "We refer



Failing to identify hearing loss early can have lifelong consequences

those with hearing deficits to a pediatric audiological/ENT clinic and those with otoscopic abnormalities to a local family physician," explains Park, who is in the Class of 2021.

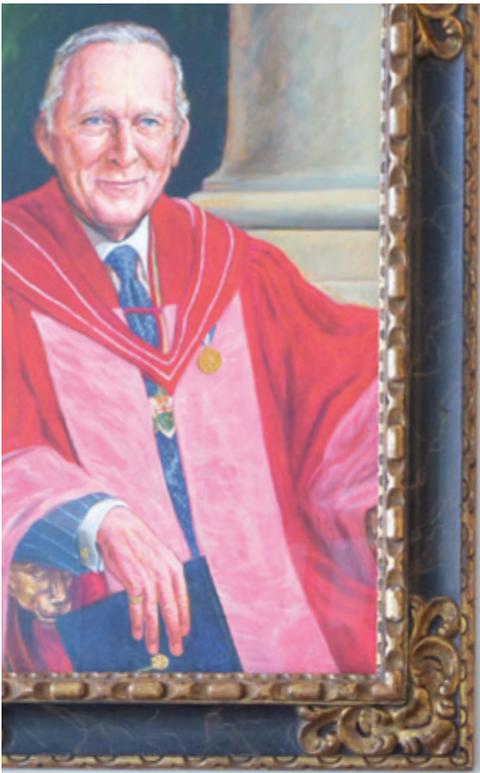
Reflecting on her Kids2Hear experience last winter, Park says, "I was surprised by the number of referrals we made. So many of the children had hearing difficulties that may have been affecting their ability to socialize, communicate and learn. Failing to identify hearing loss early can have lifelong consequences."

In May 2016, the *Journal of Otolaryngology – Head & Neck Surgery* published an evaluation of the Kids2Hear program that Dr. Papsin and Drs. Tina Hu, Katherine Stead and Terrence Fu from the Class of 2017 wrote. The article reported that 9.3% of the children screened had an unidentified hearing deficit and 19.3% had an otoscopic abnormality, such as occluding cerumen, or mucoid and/or serous effusion.

"Kids2Hear picks up on the kids who would have otherwise fallen through the cracks," explains Dr. Papsin.

"Some kids were a little apprehensive about having their hearing tested," recalls Park, "so we tried to make them comfortable by explaining what we were going to do. At the end of the testing, we gave them Disney stickers – the stickers were a really big hit!"

The Medical Alumni Association supports the University of Toronto's Medical Society through an annual grant.



Dr. Terrence Donnelly J.D., LL.D., O.C.M.

The University of Toronto Mississauga recognizes the tremendous leadership and vision of Terrence Donnelly, Carlo Fidani and the employees of Orlando Corporation for their commitment to the Mississauga Academy of Medicine and the Terrence Donnelly Health Sciences Complex.

Together, their advocacy of medical education will increase the number of practicing physicians and enhance health care delivery in our community.

The University also recognizes the support of the Government of Ontario for their investment in improving access to health care.

Officially opened November 1, 2011, the Terrence Donnelly Health Sciences Complex creates a space for students, educators, physicians, and researchers to come together to exchange knowledge and advance the future of health care in the community.



A med student's workload is nothing to shrug your shoulders at, and Monica Shah makes every moment count

A *day* IN THE *life* OF A MISSISSAUGA *medical student*

Second-year
med student
Monica Shah
shares her day

UofT Mississauga (UTM) is more than a satellite of the university's famed St. George campus. UTM has its own unique personality, and so does the Mississauga Academy of Medicine (MAM).

For one, MAM is relatively small. While the St. George campus hosts 820 students in its four-year MD program, MAM has 216 students. This means that when a MAM student walks down any hall in the Terrence Donnelly Medical Sciences Complex, he or she greets by name at least three other students and/or faculty members. MAM students say that being in the program feels like being in a close-knit "MAMily."

Another unique feature of UTM is that it's nestled in a park-like setting; to be precise, the campus is on 225 acres of protected greenbelt along the Credit River. While Mother Nature has bestowed the St. George campus with frisky squirrels, friendly pigeons and the odd rabbit hopping between the historic buildings, she has also given UTM white-tailed deer and flocks of Canada geese. And what's that behind the bush? A porcupine! Look out any window in the four-storey Donnelly Complex, and you'll see Mother Nature proudly showing off a landscape so lush, so glorious it's a wonder anyone can focus on medicine.

On September 19, med student Monica Shah, age 23, shared her day with *MAA Matters*. Were your medical school days like Monica's? Here's how her school day began.

MONICA'S DAY

6:45 a.m.: Langston Francis sings "Fall from Grace" on Monica's cellphone, signalling the start of another school day. "I'm only human," the song begins. "You cut me deep and left me wounded..." Monica struggles to open her eyes. Last night she stayed up to 1 a.m. to study for an upcoming bell-ringer exam.

6:50: Monica's mother peeks into her daughter's room to make sure Monica is awake. "I'm getting up," mumbles Monica.

7:15: Monica and her mother pile into the car. Mom drives Monica to UTM's Recreation and Wellness Centre on her way to Mississauga Hospital where she works as a social worker.

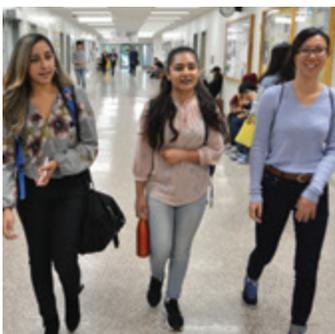
7:25: After picking up a French vanilla coffee at Tim Horton's, Monica starts along the winding path to the Donnelly Complex. The building's reflective glass and stainless steel façades glisten in the morning sun.

7:45: In Room 276, Monica joins the eight other students tossing their backpacks on the floor and opening their laptop computers in preparation for their first "Case-Based Learning" tutorial with Dr. Ahmad Ghavanini, the Division Head of Neurology at Trillium Health Partners. To prepare for the tutorial, a few days ago she uploaded "The Root of the Problem" module onto Elentra, the course management system. The module described an appointment with a pregnant



ENTRY REQUIREMENTS THEN AND NOW

1930: Be at least 17 years old, high school diploma
1950: Two years of pre-medical study at university
NOW: A minimum of 3 years of university, but this year 84% entered with either an undergraduate, professional or master's degree



TUITION THEN AND NOW

1930: \$150
1970: \$700
1995: \$3,118
2000: \$14,000
NOW: \$25,660

Not including incidental fees

woman complaining of wrist pain and the progression of the pain over several years. Then, Monica electronically sent Dr. Ghavanini her answers to the module's 15 questions.

8: Dr. Ghavanini asks a student to draw the nerve pathways in the arm. "You can start, and we can always help you along," he encourages. A student bravely picks up a blue marker and carefully outlines an arm on the whiteboard at the front of the room. Then he uses red and black markers to detail the nerve paths. "That's excellent," says Dr. Ghavanini. "That's impressive."

Monica entered the med program with a basic understanding of anatomy. She earned a bachelor's degree from U of T Scarborough, graduating with a major in psychology and a double minor in linguistics and, importantly, biology.

By the end of the tutorial, most of the whiteboard is covered in colourful drawings of nerve pathways, all of which are labelled. A student stands, whips out his cellphone and clicks a photo of the whiteboard; he'll study the diagrams later.

10:15: Monica checks her wallet to make sure she has her TCard. The card provides access to everything from exams to meal plans. She'll need it next week to take the U of T shuttle bus to the St. George campus where she'll participate in an interprofessional education event.

10:20: Two other med students join Monica and head to the gym. "Exercise is a good break," she says. On the treadmill, Monica runs, then walks, then runs, then walks. In the weight room, she lifts 10-pound weights. Holding a weight above her head, she does deep knee lunges. "I'd like to exercise more," she says, "but I have to study."

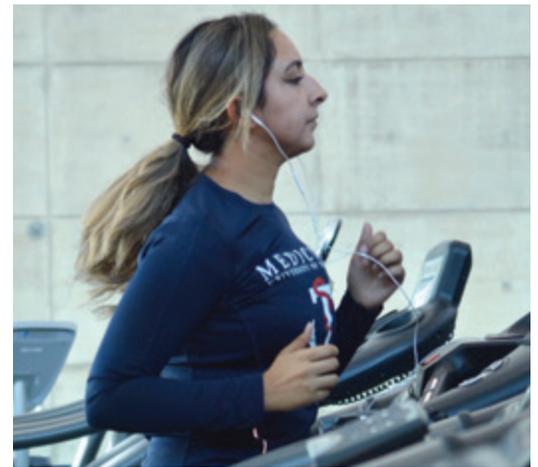
Monica is motivated. When asked why she chose to become a physician, she replied, "I want to help people during a time when they feel vulnerable." As well, medicine is a Shah family tradition. Her father was a pulmonary, critical-care and sleep medicine specialist before he died when Monica was two. Her uncle is a general practitioner. Her sister, Nikki, is studying medicine at McMaster, and her brother, Rajan, just started MAM.

11:30: Monica buys a burrito bowl – no guacamole please – and heads back to the Donnelly Complex to meet a classmate on the third-floor terrace.

11:45: As they eat lunch, a warm breeze tussles their hair. In the distance, you can hear the honking of Canada Geese.

12:15 p.m.: They go to the student lounge where Monica stretches out on the couch to study. A few minutes later, she's summoned to play foosball. Monica seems to be a favourite with the 53 other students in MAM's Class of 2021. Another classmate challenges her to a game of air hockey. He wins – but barely!

12:40: Monica joins her classmates in a tutorial room. She opens her laptop, eager to study. Frustrated by the noisy chatter, she stuffs her laptop in her backpack and heads for the UTM Library. Her next class is in only 20 minutes, but Monica



makes every minute count.

12:45: Stepping off the elevator on the library's fourth floor, she's greeted by a bold black-and-white sign that reads "SILENT FLOOR." And silent it is, except for the faint sound of fingers clicking on computer keyboards. Monica sits in a cubicle and opens her anatomy notebook. Out wafts the smell of formaldehyde.

In the state-of-the-art anatomy lab, students follow modules on a computer screen as they explore the



inner workings of cadaver parts preserved in CH₂O. Everything is shiny and new in the Donnelly Complex; the facility opened just seven years ago.

1: For “Tutorial,” Monica joins the six other students who are discussing how much they study. “On the weekend before the bell-ringer, I didn’t taste sunshine,” one student admits.

The workload is nothing to shrug your shoulders at. On weekdays, Monica’s priority is going through the readings to prepare for the next day, but she squeezes in as much studying as she can. Then on Saturday, after picking up a chicken salad sandwich at Coffee Time, Monica goes to the public library to study from 10 a.m. straight through to 5 p.m.

1:10: Professor Judith Andersen, a health psychologist, arrives to discuss how research affects practice. “In clinical practice, does a 0.5% difference make a difference?” she asks.

She splits the class into groups of two or three and gives them 10 minutes to prepare a presentation on a specific type of research, as described in the readings. “You don’t have to do a PowerPoint, and you don’t have to hand it in, but you will be presenting in front of your colleagues,” says Andersen.

“That’s the worst,” says one student.

2: Andersen gives the students an assignment: Prepare a research proposal. Then she makes a separate appointment with each student to discuss his or her research plan.

3: The tutorial ends, and Monica walks back to the library to prepare for the clinical skills she’ll be practising on standardized patients tomorrow morning at Mississauga Hospital. On her computer, she watches videos showing how to perform a knee exam and the GALS (gait, arms, legs, spine) musculoskeletal exam. Tomorrow afternoon, she’ll have the opportunity to try some of these newly honed skills on actual patients. “Real patients are

much more complex,” says Monica. “They’re much, much harder.”

5:30: Monica’s mother picks her up and on the way home they discuss what they’ll make for dinner. Monica suggests spaghetti and garlic bread.

6:30: Monica sets the table for her mom, brother and herself. During dinner, she announces that she’s leaning toward family medicine or medical oncology because of the close relationships she’ll be able to build with her patients.

7: Monica clears the table and heads up to her room.

7:15: Monica’s cellphone chimes. It’s Allison, the president of the Medical Society’s Student Health Initiatives and Education (SHINE) program, which offers wellness ideas and opportunities to first-year students. They discuss the outcome of the “Helpful Tips for First Year” seminar that Monica and colleague Sivaani hosted – it attracted 150 students! Later, Monica will help plan yoga and “make-your-own smoothie” workshops, and an inter-class skating and hot chocolate event for the students.

7:30: Monica starts reviewing her notes from the videoconference lecture she attended earlier in the week. At the lecture, there were three screens at the front of the classroom – one was a live feed of Sunnybrook neurologist Dr. Aaron Izenberg discussing peripheral neuropathy in a lecture hall on the St. George campus. The second screen showed Dr. Izenberg’s PowerPoint slides, and the third screen showed med students listening to the lecture.

9: Monica puts away her notes, grabs a snack and puts on an episode of her current favourite TV show, “Grey’s Anatomy.” She’s trying to catch up before season 15 starts next week.

12:30 a.m.: Just before going to bed, Monica sets her cellphone to play “Fall from Grace” at 6:45. Tomorrow is another day at MAM.



ANNUAL ENROLMENT IN 1st YEAR THEN AND NOW

1930: 107
1970: 174
NOW: 263

RATIO OF MEN TO WOMEN THEN AND NOW

(approximate)

1930: 7:1
1973: 4:1
NOW: 3:4



2018 Graduating Class



Faculty of Medicine University of Toronto

CLASS PRESIDENTS AND MEDICAL SOCIETY PRESIDENT



Sarah Doshi
Class President

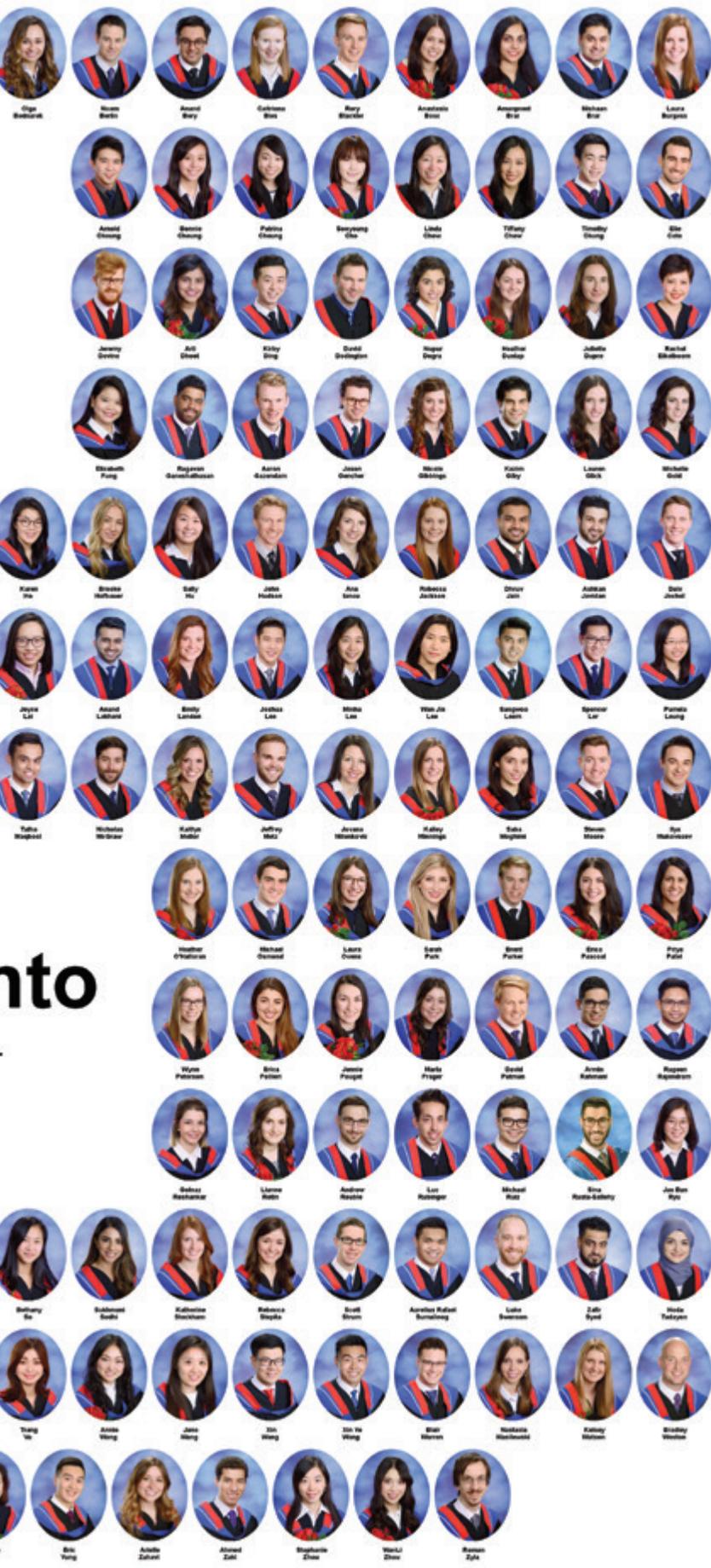
Kate Mallon
Class President

Ashish Deshpande
Class President

Changsheng Yu
Medical Society
President



No Photo Available: Haseeran Al-Rewashdy, Bushi Gandhi, Alex MacDonald, Tammy Ryan, Ahmed Shah, Alex Tam, Christopher Tzourosou



CONGRATULATIONS CLASS *of* 2018

Awards *of* Excellence

Student Awards

Claudia Frankfurter
Robert P. Orange Memorial Award

Brandon Tang
Dr. Delbert S. Hoare (2T8) Award

Sally Carver and Brandon Tang
MAA Proficiency Scholarships

Alexander Koven
The Dr. Isaac (Jack) Markens (4T8)
Medical Alumni Association Award

Joshua Lee
Weber/Nimoz Prize in Neurology

Stephanie Zhou
Lum Family MAA Undergraduate
Medical Student Award

Saba Moghimi
5T7 Memorial Dr. Janice Huffman
Medical Alumni Award in Radiology

John Hudson
Harris Family Medical Alumni Award in Oncology

William Lin
Barbara M. Hardy Memorial Medical
Alumni Award in General Surgery

Mark Barszczyk
Dr. S. Nimu Ganguli and Family Medical Alumni
Award in Diagnostic Medical Imaging

Faculty and Staff Awards

Dr. Mike Wiley
Dr. Mary Hollington Pre-Clinical Teaching Award

Dr. Todd Koch
Dr. Mary Hollington Clinical Teaching Award

Dr. Dante Morra
Dean A.L. Chute "Silver Shovel" Award

Dr. Leslie Nickell
Class of 8T9 Medical Alumni Award

Dr. Martin Schreiber
David Eberle Memorial Alumni Award

Convocation 2018 Banquet

Class Anniversaries



CLASS OF 4T8 70th ANNIVERSARY

Drs. Paul William, Robert Farber



CLASS OF 5T8 60th ANNIVERSARY

Front Row: Drs. Jan Blumentstein, Joseph Houpt, Roslyn Herst, Garson Conn, John Fowler, Allen Baumal, Grant Farrow
2nd Row: Drs. John Alexander, James O'Connor, William MacEachern, Anthony Varga
Back: Drs. Bill Harris, Gary Prowse



CLASS OF 6T8 50th ANNIVERSARY

Front Row: Drs. Steven Nitzkin, Jerry Graner, Mary Ellen McColl, Karen Cronin, Phyllis Spier, Sandy Shulman, Sam Greenspan, Sheldon Wagner, Lois O'Brien, Muriel Henderson, Gail Payne, Brian Hands
2nd Row: Drs. Stanley Spier, Noel Rosen, William Prost, Martin Unger, Benjamin Pasicov, Irving Zelcer, Marc Kirby, Peter Newman, Hillar Vellend, David Perry, Bernard Green, Howard Stevens, John Wright, Paul Bernstein
Back Row: Drs. William Dymon, Leonard Krystolovich, Howard Weinberg, Martin Myers, Jurgen Kontor, Donald Prior, Norman Flett, Ian Sutherland, Robert Stachula, Edward Allen, Juri Reial, Alan Banack, Edward Yurman, Bryce Taylor, Michael Robinette, Hartley Garfield



▲ Samik Doshi (L) and Katie Mattina (R), 2018 co-presidents, present the Dr. Mary Hollington Pre-Clinical Teaching Award to Dr. Mike Wiley



▲ Dr. Hartley Garfield (1968) in his Convocation Banquet Address to the Class of 2018 graduates



▲ Dr. Peter Kopplin, MAA President, presents the Robert P. Orange Memorial Award to Claudia Frankfurter



▲ Dr. Martin Schreiber (1987) receiving the David Eberle Memorial Alumni Award



◀ Jeff Harris (L) and Dr. Bill Harris (far R) present the Harris Family Medical Alumni Award in Oncology to John Hudson

“Becoming newly minted doctors will carry with it tremendous responsibilities, but I know you, like us before you, will live up to the challenge. Much like a new pair of shoes, getting accustomed to your new title “doctor” may even feel a little uncomfortable at first. However, over time, you will break those shoes in. It will be like a rite of passage, and you will forget that you were anything different. You will undoubtedly wear the mantle well...
 “From now on going forward, you will discover that medicine is what will define you.”

Class Notes

News from your classmates

CLASS OF 1945

The late **Dr. Thomas GELEFF** was honoured in May 2018 as one of the founding physicians of the family practice clinics at Toronto General Hospital and Toronto Western Hospital. Posthumously, he also received the Upper Canada Medal. Dr. Geleff passed away in 1996.

CLASS OF 1949



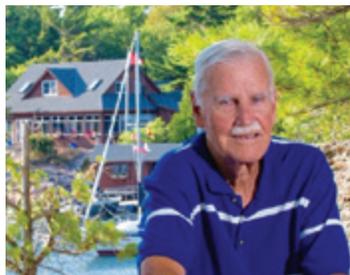
Dr. McKim and her granddaughter

Dr. Mary McKIM (MackENZIE), née STRUTHERS, now 92, reports that after four joint replacements she's pain free. She attributes her good health to a seniors' exercise program she has attended since retiring. Mary enjoyed a rewarding career in psychiatry. Contact: cheloo1916@rogers.com.

Dr. Alice May SHARPE, née MARTIN, lives in the countryside near Lakefield, Ont. She plays with the Peterborough Symphony Orchestra and is active in the local Anglican Church.

CLASS OF 1953

Dr. Edmond BEATTY, 90, enjoys good

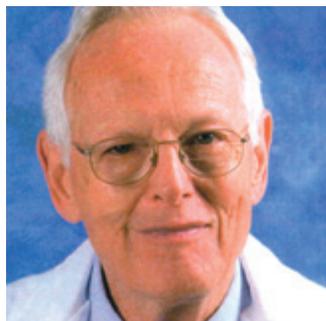


health and summers at Georgian Bay, Ont. He's active in mentoring projects and his church.

Dr. Jerome KOPSTEIN celebrated his 90th birthday in July at a party organized by his three children. He spent last winter in Florida where he went fishing almost every day. Contact: dermkop@sympatico.ca.

Dr. Robert RUDERMAN retired 14 years ago. Now he's busy with classes, concerts, reading and his seven grandchildren (one of whom is a doctor) and two great-grandchildren. Contact: rlruderman@sympatico.ca.

CLASS OF 1954



Dr. Richard VAN PRAAGH, 88, presented at the World Society for Pediatric and Congenital Heart Surgery in July 2018 – and received a standing ovation! “It doesn't get any better than that,” he writes. Also at the meeting, the society established the Richard and Stella Van Praagh Lecture, which will be given at every meeting in perpetuity.

Richard has just authored the book *Diagnostic and Surgical Pathology of Congenital Heart Disease*, which is based on a study of 3,216 autopsied cases.



CLASS OF 1958

Dr. James O'CONNOR retired 18 years ago. He writes, “Marian and I put together two families of

five each. Now we have 25 grandchildren!” Contact: joconnor@sentex.net.



Dr. Donald ROSENTHAL reports he's “feeling no pain and taking no pills. I'm enjoying life!” Contact: drosth@mcmaster.ca.

CLASS OF 1959



Dr. William FINN is enjoying retirement from general surgery at Hamilton General Hospital and McMaster University. Contact: wfinn1@cogeco.ca.

Dr. Hyman RABINOVITCH retired from pediatric urology in 2005. He took up



cooking and admits he's addicted to recipes. Hyman recently published the book *Neurosis Revealed*, which is available on Amazon.com.

Dr. Gordon WILLIAMS retired from general practice and OR assisting when he was 78. He has moved into an assisted living community where he likes the social events and not having to shovel the driveway.

Dr. Henry WOLSTAT is enjoying



retirement in the Boston area where he's close to family. Despite a knee replacement, he still runs and races. Henry serves on the New England 65+ Running Club board.

CLASS OF 1960

Dr. John TRUMAN is an Honorary Pediatrician at Massachusetts General



Hospital (MGH) in Boston as well as Professor Emeritus and Special Lecturer at Columbia University in New

York City. The John T. Truman Lectureship on Pediatric Hematology-Oncology at MGH was recently inaugurated.

Contact: jtruman@mgh.harvard.edu.

CLASS OF 1964



Dr. Agnes KLEIN is now the Senior Medical Adviser in the Director General's Office of Health Canada's Biologics and Genetic Therapies Directorate.

Dr. Stan LITCH recently retired from working part-time in the in-patient eating



Dr. Stevens (centre) and family

CLASS OF 1968

Dr. Howard STEVENS retired from family practice in 2013. Howard and Joan just celebrated their 50th wedding anniversary. They enjoy golfing, attending lectures, travelling, and spending time with his three daughters and families including six grandchildren in Toronto, New York and Boston. Contact: dr.h.stevens@sympatico.ca.

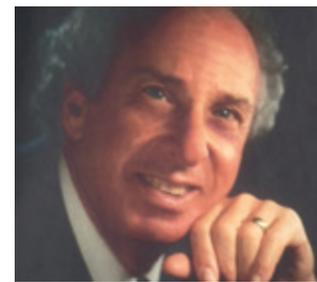
disorder program at Homewood Health Centre in Guelph, Ont., and after 35 years of being a consultant psychiatrist at the University of Guelph. Stan is enjoying farm life, his family and chickens, and playing ukulele in several musical groups. Contact: blackberrybog@xplornet.com.

CLASS OF 1966



Dr. Vladimir HACHINSKI has been inducted into the Canadian Medical Hall of Fame. Vladimir was also honoured with the 2018 Killam Prize, the Canada Council of the Arts' highest honour for research. He speaks about his stroke research at [youtube.com/watch?v=kvxHDXD4Tnw](https://www.youtube.com/watch?v=kvxHDXD4Tnw).

CLASS OF 1968



Dr. Brian HANDS, who has an ear, nose and throat practice, focuses on the care and treatment of voice disorders with special regard to professional singers and actors. He is a voice consultant for the Canadian Opera Company, Tafelmusik/Opera Atelier, Mirvish Productions, Stratford Festival and Thompson Hall. Contact: hands@voxcura.com.

CLASS OF 1969

Dr. Jane HOSDIL retired in 2014 and is now active in church ministries and a pregnancy care centre. Contact: jhosdil@sympatico.ca.

Class Notes

News from your classmates

Dr. Samuel LANGER is now a Medical Director of Beacon Health Options in New York City. Contact: sjlanger69@hotmail.com.



Dr. Lifeso with his newest granddaughter

Dr. Bob LIFESO – after 10 years in Saudi Arabia with stops in Dubai, Egypt, Bahrain and Nepal – is retired and living in Florida where he says “the wine is definitely better.” Contact: Lifeso1@aol.com.

Dr. Ronald ZUKER has been appointed an honorary member of the Association of



Plastic Surgeons of India. Recently, he received the U of T Faculty of Medicine Dean’s Lifetime Achievement Award for Global Impact. Contact: ronald.zuker@sickkids.ca.

CLASS OF 1970

Dr. Frances SHEPHERD won the 2018 Canada Gairdner Wightman Award for outstanding career leadership in medicine and medical science. Frances, an oncologist

at Princess Margaret Cancer Centre in Toronto, has developed large randomized trials of post-operative adjuvant treatment and trials for novel molecular anti-cancer



agents. Contact: frances.shepherd@uhn.ca.

Dr. Frank SOMMERS organized the OMA-supported inaugural CME course in disaster psychiatry that 150 psychiatrists, delegates from various agencies and first responders attended to learn how to treat, prevent or reduce post-disaster mental illness. Two days after the CME, a man driving a



van down Yonge Street deliberately killed 10 people and wounded many more. The Ontario Psychiatric Association has named Frank “Psychiatrist of the Year – Honourable Mention.” Contact: f.sommers@utoronto.ca.

CLASS OF 1979

Dr. Irene McGHEE has developed the engagement communication framework, I START-END. “It enables an individual to form genuine collaborative connections with anyone, anywhere, anytime,” she says. The framework received the Canadian Patient Safety Institute’s Power of One Award for improving communication during patient handovers and in ad hoc situations. Contact: irene.mcgee@sunnybrook.ca.



CLASS OF 1984

Dr. Larry LEWIS, after 28 years of emergency medicine, is now practising urgent care medicine – in Jupiter, Fla.! “I’m enjoying not shovelling snow and playing golf all year round,” he writes. Contact: llewis1820@gmail.com.

CLASS OF 1981

Dr. Susan LIEFF was honoured with the 2018 Duncan Graham Award for Outstanding Contribution to Medical Education. At U of T, Susan is a psychiatry professor and the Director of the New and Evolving Academic Leaders Program at the Centre for Faculty Development. Contact: s.lieff@utoronto.ca.

CLASS OF 1994

Dr. Suzanne DESCHAMPS is a family practitioner in Salem, Oreg. In October, Suzanne presented two abstracts at the CMA/AMA International Conference on Physician Health in Toronto.

CLASS OF 1999



Dr. April BOYD was elected the first female President of the Canadian Society for Vascular Surgery in September 2018. Contact: aboyn2@hsc.mb.ca.



Alex Trebek and Dr. Ruben

CLASS OF 2006

Dr. Evelyn RUBIN has fulfilled her lifelong dream by appearing on “Jeopardy!”. She was a two-time champion, winning over \$52,000. Evelyn practises family medicine in downtown Toronto.

WHAT IS THE MAA?

The Medical Alumni Association is a non-profit organization funded by donations from its members, U of T MD graduates. We provide financial assistance to medical students, connect alumni through reunions and publications, and provide faculty and student awards to recognize excellence.

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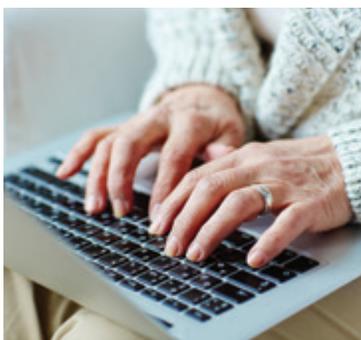
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For more information, please contact Patricia Coty at medical.alumni@utoronto.ca or 416-978-0991.



KEEP IN TOUCH

Please email your news and photos to Patricia Coty at medical.alumni@utoronto.ca or mail to MAA, Room 3249, Medical Sciences Building, 1 King’s College Circle, Toronto, ON M5S 1A8. We will return photos on request.

2019 Class Reunions

Is this your reunion year?

For information on the following reunions, email the MAA at medical.alumni@utoronto.ca

The Class of 1949, in celebration of its 70th anniversary, will be among the honoured guests at the MAA Convocation Banquet, tentatively scheduled for Mon., June 3, 2019.

The Class of 1954 is planning to celebrate its 65th anniversary with a reunion in early June 2019. Contact: Dr. David Smith

The Class of 1959, in celebration of its 60th anniversary, will be among the honoured guests at the MAA Convocation Banquet, tentatively scheduled for Mon., June 3, 2019. Also, a private class event is being planned. Contact: Dr. Ross Prince

The Class of 1969, in celebration of its 50th anniversary, will be among the honoured guests at the MAA Convocation Banquet, tentatively scheduled for Mon., June 3, 2019. A private class event will be held on Sun., June 2 at the University Club,



380 University Ave. It's near hotels, the subway and municipal parking. Contacts: Drs. Sarah VanderBurgh, Joe Marshall, John Kempston and Doug Milloy

The Class of 1974 is planning a 45th anniversary reunion in early June 2019. It will include a

The Class of 6T3 celebrating their 55th anniversary in June 2018 at the Waterside Inn in Port Credit, Ont.

dinner, a CME and brunch. Contact: Leslie Mandel (wife of Dr. Howard Mandel)

The Class of 1984 is looking for someone to arrange a 35th anniversary celebration. Contact the MAA if you're interested.

The Class of 1989 is planning a 30th anniversary reunion in 2019. To help organize the event, contact Dr. Jane Nixon or Dr. Marilena Biscotti.

The Class of 1994 is planning a reunion to celebrate its 25th anniversary in 2019. Contact: Dr. Stuart McCluskey

The Class of 1996 is planning to celebrate its 25th anniversary with a special reunion event in 2021. Contact: Dr. Judy Hagshi

The Class of 1999 is planning to celebrate its 20th anniversary with a reunion event in 2019. Contact: Dr. Matthew Cheung

The Class of 1979, 2004, 2009 and 2014 will celebrate their 40th, 15th, 10th and 5th anniversaries, respectively. For help organizing a reunion, contact the MAA at medical.alumni@utoronto.ca or 416-978-0990.

DON'T MISS THE PARTY!

Update your contact information to ensure you receive an invitation to your class reunion. Fill in the MAA's online form at www.maautoronto.ca/maa-contact-update-form or phone 416-978-0990.

WE WANT YOUR INPUT

The MAA has a long history of helping classes organize their reunions by providing class lists and sending out mailings and email blasts, but we want to do more. What else can we do to help? Let us know at medical.alumni@utoronto.ca.

May we email your next issue?



Be kind to the planet by having your next issue sent to you electronically. Please email your request with the subject line "Email me the magazine" to medical.alumni@utoronto.ca. Include your full name and address.



CLASS OF 1953

Dr. Arthur Angus SCOTT

by Dr. David McKnight (1975)

DR. ARTHUR SCOTT, AT THE AGE OF 95, ON APRIL 14, 2018, in Victoria. Arthur was born in Holstein, Ont. He was the youngest of six children, and his mother died in childbirth. Arthur attended a one-room schoolhouse but after his father died, he dropped out of Grade 10 to help support his stepmother. At the end of the Second World War, returning from four years overseas in the RCAF, he completed high school in an accelerated veterans' program and then earned his medical degree. He spent the next 10 years as a family doctor in Sault Ste. Marie, Ont.

He returned to Toronto in 1964 to specialize in anesthesia. Soon after finishing, he became the Director of Toronto General Hospital's ICU, a post he held for 10 years. He was appointed Chief of Anesthesia at the hospital and Chair of U of T's Department of Anesthesia (1977-'87).

Arthur worked to elevate the status of anesthesia and its contributions to patient care. Through one of the first workforce studies, he persuaded the government to increase anesthesia



residency positions. He was a consultant to hospitals across Canada, a co-founder of the Canadian Intensive Care Society, and the Chair of the Board of Governors of what is now the Michener Institute.

As President of the Ontario Thoracic Society, he received a call from the Ontario Minister of Health asking him to co-sign a policy outlawing smoking in some public places. Arthur was amused that he had to put down his pipe to answer the phone. Arthur never smoked again.

He spent his final years with his wife, Dr. Sallie Teasdale (1957), in Sidney, B.C., motoring his North Sea trawler, growing roses, and creating a home for their three children and seven grandchildren to visit.

A memorial donation to recognize Dr. Scott's contributions to the profession can be sent to the U of T Department of Anesthesia, 123 Edward St., Room 1201, Toronto M5G 1E2. For more information, email businessmanager.anesthesia@utoronto.ca.

CLASS OF JANUARY 1943

Dr. Sam MILROD, at the age of 99, on Aug. 25, 2018, in Toronto. A Second World War veteran, he received his initial surgical training in the battlefield. In addition to being a surgeon, Sam was a classical pianist.

Dr. Irving ROTHER, at the age of 98, on May 29, 2018, in Toronto.

CLASS OF JULY 1943

Dr. William John ORR, at the age of 97, on March 26, 2018. In 1952, Bill moved to St. Catharines, Ont., where he became Chief of Surgery at Hotel Dieu Hospital and St. Catharines General Hospital. He helped establish Niagara Children's Centre and for 30 years, Bill served as its Founding Chair and Medical Director.

CLASS OF 1947

Dr. Gabriel WHITEMAN, on March 7, 2018.

CLASS OF 1949

Dr. Harold BERRIS, at the age of 90, on May 2, 2017, in St. Louis Park, Minn. For more than 30 years, Harold practised neurology in Minneapolis and Fort Myers, Fla.

Dr. Robert Michael Cantilupe HARRISON, at the age of 91, on July 26, 2018, in Burlington, Ont. Mike was an orthopedic surgeon who practised and taught in Hamilton and then in Washington, Ind.

Dr. Robert Thomas HOSIE, at the age of 94, on Aug. 21, 2018, in Victoria. Bob was a surgeon. Up until the day he died, he enjoyed bridge, a book club and Wednesday pub lunches with longtime friends.

Dr. Margaret JANSEN, née HUGHES, at the age of 95. Margaret focused on caring for outpatients at what is now known as CAMH.

CLASS OF 1950

Dr. Gordon Leonard RALPH, at the age of 95, on March 26, 2018. Gord had a family practice in Thorold, Ont.

CLASS OF 1951

Dr. Ruth Elizabeth ALISON, at the age of 91, on May 26, 2018, in Toronto. Ruth was an oncologist at Princess Margaret Hospital for 30 years and the first female president of the Canadian Cancer Society.

Dr. Anita Carol BEATON, on May 17, 2018, in Barrie, Ont. Anita practised at Royal Victoria Hospital in Barrie.

Dr. Donald CRUICKSHANK, at the age of 93, on March 25, 2018, in Newmarket, Ont.

CLASS OF 1952

Dr. Gerald David HART, at the age of 90, on June 26, 2018, in Bracebridge, Ont. Gerald was an oncologist and professor.

Dr. Leonard SMITH, on April 30, 2018, in Toronto.

Dr. John Station SPEAKMAN, on May 13, 2018. John was instrumental in making Sunnybrook Health Sciences Centre's eye department a major U of T

In Memoriam

Lives well lived

teaching unit. For more than 40 years, John led eye care services in the Arctic.

CLASS OF 1953

Dr. Joseph Norman BURKHOLDER, at the age of 88, on Feb. 6, 2018, in St. Catharines, Ont. After graduating, Eastern Mennonite Missions and Charities invited Joe to serve at a hospital in Deder, Ethiopia. Later, he taught at Ethiopia's national health college in Gondar. Joe returned to Canada in 1970 and was a medical officer of health in Lindsay, Ont., St. Catharines and Moose Jaw, Sask.

Dr. Lawrence John ELDER, at the age of 96, on July 31, 2018.

Dr. Beverley George Thomas HAW, at the age of 91, on May 25, 2018. For almost 40 years, Bev was an emergency physician at Scarborough General Hospital.

CLASS OF 1954

Dr. Mary Barbara BERNER, at the age of 89, on April 6, 2018. Barbara set up practice in Toronto's east end, and then worked in the employee health office of Toronto East General Hospital.

Dr. Fred CERESNEY, at the age of 91, on June 26, 2018, in Langley, B.C. After graduating, Fred, a member of the Royal Canadian Army Medical Corps, saw service in Egypt from 1957 to 1958. In 1959, Fred moved to Langley, where he practised for 42 years.



Dr. Mary Elizabeth McKEE, at the age of 87, on March 21, 2018, in Toronto. In 1962, Mary joined Women College Hospital's otolaryngology department. By 1996, she had been appointed Head of the Division of Otolaryngology. Mary continued her medical career at the Women's College site.

Dr. Donald Bates MONTGOMERY, at the age of 88, on Sept. 23, 2018, in Toronto. For his entire career, Monty practised internal medicine at Queensway General Hospital in Etobicoke, Ont. For 16 years, he was Chief of the hospital's Internal Medicine Department.

Dr. William Carrick TRUSLER, at the age of 88, on March 25, 2018, in Toronto. Bill had a private radiology practice in London, Ont.

Dr. Dennis Jordon VINCE, on July 19, 2018. Denny helped develop the first pediatric cardiac catheterization laboratory at Vancouver General Hospital. He practised at BC Children's Hospital.

CLASS OF 1955

Dr. John William COPEMAN, at the age of 87, on Aug. 9, 2018, in Morristown, N.Y. John served in both the Canadian Navy and U.S. Navy Reserves.

Dr. Gerald G. GOLDBERG, at the age 90, on June 12, 2018.

Dr. Irvine KORMAN, at the age of 89, on Aug. 23, 2018, in Toronto. Irvine specialized in gastroenterology. In 1980, he began practising holistic medicine, which he was passionate about. He practised until he was 85.

CLASS OF 1956

Dr. Chris LOUKRAS, at the age of 89, on July 31, 2018, in Castlegar, B.C. For 32 years, Chris was a family practitioner in Scarborough, Ont.

Dr. Robert Wray RIDGE, at the age of 84, on Feb. 26, 2017, in Hamilton. For more than 40 years, Bob practised family medicine in Hamilton with his father and brother.

Dr. Frederick Barry ROBERTS, at the age of 85, on May 9, 2018, in Nacogdoches, Tex. In 1978, Barry moved to Nacogdoches to continue his pediatric practice.

CLASS OF 1957

Dr. Robert James WHELDER, at the age of 85, on Aug. 10, 2018, in Oakville, Ont. Jim was a family practitioner in Weston, Ont., for 35 years, the Medical Director of York University for 23 years and the Attending Physician for the National Ballet for 27 years.

CLASS OF 1958

Dr. Arthur Valleau PRICE, at the age of 86, on Aug. 2, 2018, in Carmel Valley, Calif. Val practised pediatrics in the San Francisco Bay Area for 33 years.



Dr. Paul Gerald WOLFISH, at the age of 83, on July 28, 2018, in Toronto. Paul helped discover a new way to detect congenital hypothyroidism (CH); the test is now used worldwide, saving millions of babies from CH-related developmental disabilities.

In 1965, Paul founded the Department of Nuclear Medicine at Mount Sinai Hospital, where he practised for more than 50 years. In 1976, he helped introduce fine needle aspiration biopsy to detect thyroid cancer early. He also pioneered using thyroglobulin to identify patients that need radioactive iodine treatment.

Paul was a U of T professor emeritus in the departments of medicine, paediatrics, laboratory medicine and pathology, as well as otolaryngology.

CLASS OF 1959

Dr. Lynn Francis William LOACH, at the age of 84, on May 26, 2018. Lynn was an internist at Toronto General Hospital where he helped establish the hospital's first ICU. He leaves behind his wife, Mary Ann, née Hooey, also from the Class of '59.

Dr. Oxford Redmond McNEILL, at the age of 86, on Sept. 17, 2018, in Cincinnati. Red and Leslie met during his residency at The Christ Hospital in Cincinnati. They married, and Red remained in Cincinnati where he was an orthopedic surgeon for 31 years.

Dr. Charles Joseph RADFORD, at the age of 82, on March 27, 2018. An

ophthalmologist, Chuck practised in Calgary and also provided eye care to Inuit populations in the western Arctic. From 1972 to 2002, he worked at Etobicoke General Hospital in Toronto where he helped introduce intraocular lens implants and phacoemulsification.

CLASS OF 1960

Dr. Thomas Holston YATES, at the age of 82, on May 5, 2018, in Toronto. Tom, a radiologist, was a founding partner of York Radiology and also practised at North York General Hospital. He said he “loved every minute of it.”

CLASS OF 1962

Dr. John Edward INGLIS, at the age of 81, on June 3, 2018. For 40 years, Jack was a family physician in Brampton, Ont., delivering hundreds of babies and performing countless rounds at Peel Memorial Hospital.
Dr. Carl THEOHAR, on June 28, 2018. Carl practised as a psychiatrist.

CLASS OF 1963

Dr. Peter Lawrence LANGLOIS, on Jan. 7, 2018, in Hamilton. During his 40-year medical career in Owen Sound, Ont., Larry delivered hundreds of babies.
Dr. Don Peter McGIBBON, at the age of 84, on May 25, 2018, in Oshawa, Ont. Don was a youth psychiatrist. He leaves behind his wife, Dr. Dianne Boyd McGibbon from the Class of 1961.

CLASS OF 1965

Dr. Donald Joseph SHEPLEY, at the age of 79, on April 4, 2018, in Huntsville, Ont. Before entering medicine, Don earned an electrical engineering degree at U of T. Early in his career, Don implemented the first computer system at the Hospital for Sick Children. Then for 34 years, he was a family practitioner in Whitby, Ont.

CLASS OF 1968

Dr. William Kenneth LAIRD, at the age of 73, on Aug. 6, 2018, in Raleigh, N.C. Bill had a plastic surgery practice in Charlotte, N.C.

CLASS OF 1970

Dr. Karen Elaine Magee PAPE, on June 2, 2018. At the Hospital for Sick Children, Karen was a neonatologist, the Director of the Neonatal Follow-Up Program and President of the Medical Staff. She helped develop neonatal ultrasound brain scanning, now used in NICUs around the world.

CLASS OF 1971

Dr. Karl Adolf Luthar GATHOF, at the age of 72, on June 19, 2018, in Green Valley, Ariz. Karl was board certified in psychiatry and neurology and an instructor and attending psychiatrist at Kino Community Hospital in Tucson.

Dr. Fern WATERMAN, suddenly on May 10, 2018.

CLASS OF 1972

Dr. Arpad BALOGH, at the age of 70, on March 23, 2018, in Toronto. After having to find Bruce Mines, Ont., in an atlas, Arpad became a family physician there. Later, he moved to Sault Ste. Marie, Ont., where he practised for nearly 40 years.

Dr. Joel Lloyd WHITTON, suddenly on July 22, 2017, at the age of 73.

CLASS OF 1976

Dr. Irvin Isidor WOLKOFF, at the age of 66, on May 22, 2018, in Campbellcroft, Ont. Irvin had a private psychiatric practice in Toronto for 36 years. He was the Founder and Director of the Continuing Care Clinic for Young Schizophrenics at Toronto General Hospital. A popular radio and television personality in Canada and the U.S., Irvin helped explain psychiatry to the general public.

CLASS OF 1979

Dr. Andrew KENNEDY, at the age of 63, on March 5, 2018. Andrew participated in several peacekeeping missions, including the UN mission in the Golan region between Israel and Syria. He was active in the International Association of Physicians for the Prevention of Nuclear War. In addition, Andrew was a physician in the emergency departments in Jonquière and La Baie,

Que., and the Director of Public Health for the Saguenay-Lac-Saint-Jean region.

CLASS OF 1980

Dr. Teng Hin TAN, at the age of 63, on Aug. 11, 2018, in Toronto. Hin was a family physician, passionate follower of theatre and opera, and creative force in the kitchen.

CLASS OF 1981

Dr. Forrest Harvey CALDWELL, at the age of 62, on Jan. 27, 2018.

CLASS OF 1982

Dr. Garnet James Michael MALEY, at the age of 65, on April 16, 2018. Garnet was a family physician in Milton, Ont., for 31 years.



CLASS OF 1986

Dr. Stella PSARAKIS, at the age of 60, on June 20, 2018, in Burlington, Ont. In 1992, Stella, an obstetrician and gynecologist, joined the staff at Joseph Brant Memorial Hospital in Burlington and became its first female surgeon and first female gynecologist. In 2002, she served as President of the Medical Staff. Until recently, she was the hospital's Chief of Obstetrics and Gynecology.

Stella honoured her Greek heritage, serving on the board at St. Demetrios Greek Orthodox Church in Hamilton. In 2001, she became the board's first female president.

MAA Matters accepts death notices and obituaries, which may be edited. Email to medical.alumni@utoronto.ca or mail to MAA, Room 3249, Medical Sciences Building, 1 King's College Circle, Toronto, ON M5S 1A8.

