

MAA MATTERS

The magazine for U of T Meds Alumni

Summer 2022

Overwhelmed? Underpaid?



OVERWHELMED? UNDERPAID?

Then you may be a family physician

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Overwhelmed? Underpaid?



Then you may be a family physician, bearing the brunt of the doctor shortage ...

As a physician, it's no surprise to you that Canada has a doctor shortage. Just look at your schedule! But if you think Canada's doctor shortage is bad now, just wait. It's about to get much worse.

The aging population is creating a double challenge. More health care will be needed as the population ages and at the same time, more doctors will be retiring.

This year, the average age of physicians is 51. These midlife doctors are already dreaming of – if not planning – their retirement. A study of British Columbia physicians shows that they typically retire at age 65. Will the number of new

physicians keep pace with the number of physicians retiring? It's unlikely.

Since 2010, Canada's population increased by 12% while admissions to Canadian medical school increased by only 6%, says **Dr. Geneviève Moineau**, the President and CEO of the Association of Faculties of Medicine in Canada (AFMC).

At least the Ontario government has done the math. In March 2022, it announced 160 new medical school spots over five years. It's the largest medical education expansion in the province in 10 years.

Half of those med school spots will go to

the Toronto Metropolitan University (formerly called Ryerson) medical school when it opens in Brampton, Ontario, in 2025. Among the other recipients of undergraduate spots will be U of T's new Scarborough Academy of Medicine and Integrated Health, which was recently announced.

Already, Canada's 17 existing medical schools are flooded with applications. Even if government increased funding so the schools could accept more students, the shortage of residency positions would stop some graduates in their tracks, especially if they have their heart set on a specialty that is in high demand.

"For each medical graduate produced in Canada, public funds are expended. When these graduates go unmatched, there are delays to them entering practice and providing care to Canadians," Moineau says.

Every provincial ministry of health that has a medical school in their province funds residency positions. Moineau, who competed her pediatric residency at U of T, reports that AFMC is advocating these governments to provide 110 residency positions for every 100 graduates.

The advocacy efforts of AFMC and others recently came to fruition in Ontario when the government announced 295 additional residency positions over five years.

The eclipse of the family physician

In 2015, 38.5% of medical graduates chose family medicine as their first choice for a residency. By 2021, that percentage had dropped to 31.4%.

Dr. Ben Chan (Class of 9T2), in his study of the physician workforce in the 1990s, illustrates just how unpopular family medicine has become. His study found that from 1993 onwards, the ratio of family medicine to

specialty residencies has declined – substantially.

Today, Canada is desperately short of family physicians. Year after year, the number of family medicine vacancies in a variety of practice settings exceeds the number of graduating family physicians.

There's no question that family medicine has become an increasingly difficult calling. Overhead costs have skyrocketed, you're on call way more than you'd like to be, you never finish the paperwork, and you often end up working an 80-hour week. To top it off, your savings account is less than impressive. Some family doctors in private practice often end up getting jobs in a hospital, clinic, or specialist's office, where they can work a reasonable number of hours and get a good pay cheque.

"Critical to understanding the family

“Critical to understanding the family physician shortage is the recognition that its origin comes from people choosing to no longer practise in antiquated models of care.”

physician shortage is the recognition that its origin comes from people choosing to no longer practise in antiquated models of care," says **Dr. Katharine Smart**, the President of the Canadian Medical Association. "More doctors alone are not the solution; we need modernized practice environments that attract and retain physicians in longitudinal family medicine."

To address some of the challenges in the practice environment, the College of Family Physicians of Canada organized a letter-writing campaign on its website. In just over one month, 171 family doctors took the opportunity to write their federal or provincial member of parliament to point out that family physicians have increasingly been asked to take on more non-care related work and bear an increasingly heavy administrative burden.

Research shows that without a family doctor they can turn to, people often neglect critical preventive health measures, such as flu shots. Statistics Canada reports that in 2019, 14.5% of Canadians aged 12 and older did not have a regular care provider. That's about 4.6 million Canadians without a family doctor. And unless the shortage is urgently addressed, their chance of ever having a family doctor is close to nil.

"Having consistent access to a family doctor or other primary care provider is a key way to ensure we build a healthier population and ultimately avoid a more costly acute

care system," says Smart. "Prevention will always be better than trying to find a cure."

Come to Canada

Health care workers are a mobile resource, and thousands of doctors from around the world have come to practise here. In Canada, 26% of doctors graduated from an international medical school. More than 50% of the physicians in Saskatchewan are internationally trained.

Thanks in no small part to immigration, Canada has 2.8 physicians per 1,000 people. That's relatively low for an industrialized nation. Australia, for instance, has 3.83 physicians and Austria has 5.4 doctors for every 1,000 population.

India, Egypt, and South Africa are among the many countries with fewer than one doctor per 1,000 people. Doctors in these countries may be underpaid, overworked, and frustrated with trying to provide care in an under-resourced health care system. Consequently, some may be eager to leave their home country. But is it ethical to accept – if not recruit – doctors from a country that has a doctor shortage more desperate than ours?

Canada's doctor shortage is bad now, and it's about to get much worse. The solution will likely be complex, but an answer is needed now. ■

Here comes the Class of 2T2



To celebrate Temerty Medicine’s graduating class, the MAA co-sponsors the Pre-Convocation Ceremony.

This year’s Pre-Convocation Ceremony, held virtually on June 1, opened with a brass band playing an uplifting piece. **Dr. Yuang Chen** (Class of 2T2) had composed “Of Greater Heights” specifically for his class’ graduation and in honour of Class Valedictorian **Mohammad Asadi-Lari**.

The keynote speaker was **Dr. Andrew Boozary**, U of T’s Dalla Lana Professorship in Policy Innovation. Boozary, who did his family medicine residency at U of T,

reflected on his childhood in Toronto’s St. James Town, one of Canada’s most densely populated and economically deprived neighbourhoods. St. James Town’s towering apartment buildings look over one of Canada’s most affluent neighbourhoods, Rosedale.

“Postal codes are really just proxy for structural discrimination and systemic racism.”

“It became clear that when I was looking out across the

balcony or across the street into leafy Rosedale, that it was almost like I was looking into Narnia,” said Boozary. “It just

seemed like a mystical place, that the air that people were breathing just across the road seemed different. And the opportunities did not seem to make their way back to where we were in St. James Town.

“Postal codes are really just proxy for structural discrimination and systemic racism,” he said.

Several awards were given out at the Pre-Convocation Ceremony. The MAA presented five awards to faculty and staff, and 13 awards to students.

Students in the Class of 2T2 chose Mohammad Asadi-Lari as their Class Valedictorian. Tragically, Mohammed died with his sister **Zeynab Asadi-Lari** when Ukraine International Airlines Flight 752 was shot down shortly after taking off from Tehran International Airport in Iran on January 8, 2020. All of the nine crew members and 176 passengers were killed.

Class Co-President **Dr. Christopher End** recalled, “Mo was Vice-President of Global Health as part of the U of T Medical Society. But that was only the tip of the iceberg for the positive changes that Mo was already making in the world. He was working with UNESCO, the Red Cross, and the Canadian Association for Physician Innovators and Entrepreneurs. He had already accomplished so much and is a giant whose shoulders continue to elevate others to greater heights.”

While Mohammed died in only his second year of the eight-year MD/PhD program, he made a big impression. During the ceremony, students shared their cherished memories of him. Classmate **Dr. Liam McCoy** said, “Despite being perhaps the busiest person I’ve met in my entire life, he was always able to find a moment for you.”



[View a recording](#) of the 2022 Pre-Convocation Ceremony

From my class to yours

The MAA has a tradition of asking a member of the 50-year-anniversary class to address the graduating class at the Pre-Convocation Ceremony. This year, Dr. Val Rachlis gave the address.

Dr. Rachlis is an exemplary family practitioner. In 2003, the College of Family Physicians named Dr. Rachlis one of Canada's top 10 doctors. Here is his address to the graduating class.



To the Class of 2022, 50 years must seem an eternity. To the Class of 1972, it is a blink of an eye.

When I think back to those who graduated 50 years before me, in 1922, I realize that for many of them, graduation was delayed because they had gone off to fight on the battlefields of the Great War in Europe, some never to return. They had been in medical school during much of the pandemic that was then causing devastation around the globe, something your class has in common with them.

They had gone on to practise during the Great Depression, the rise of Nazism, Fascism, and Communism, ending with World War II, and then had continued their careers during the many years of the Cold War. Much of their professional lives was spent looking after patients with rudimentary diagnostic testing and only a few effective medications. After all, the first antibiotics would arrive two decades into their careers. It is difficult to even estimate the profound effects that all of these events had on their personal and professional lives and on the lives of their patients. It seems so appropriate that these physicians were part of what is called the 'Greatest Generation.'

Our generation graduated shortly before the

end of the Vietnam War and what appeared to be the natural and inevitable rebirth of democracies and redefined humanism around the globe. The Berlin Wall would come down. Women's rights, minority rights, and an understanding of the complex nature of sexuality would come to take their rightful place in many societies. Looking back, however, we certainly never discussed during class such topics as social barriers to success for visible minorities, the issues for those who were not straight, and unconscious bias. Indeed, the entire issue of residential schools and their profound consequences for our Indigenous population was never mentioned by politicians or the media. All these crucial components of our education would come many years after our graduation. Climate change and its consequences for the planet we all inhabit was not even a concept at the time of our graduation.

I realize that as you look around the world today, that it sometimes appears that humanity has lost its way. With a tragic war being waged in Europe, with malignant leadership in so many countries, with basic human rights again so vulnerable, and of course with the pandemic, it may seem that your class has more in common with the Class of 1922 than with the Class of 1972. I would suggest that at times like this it is best to recall

the words of Martin Luther King Jr. when he said, 'The arc of the moral universe is long, but it bends toward justice.'

On the medical front for our class, new antibiotics, new medications for every possible health condition, and new diagnostic measures including ultrasound, CT scans, PET scans, and MRI would come to be. We would see the beginnings of our conquest of many cancers and new ways to treat heart disease. Many new and important vaccines would be made available to our patients. However, the first glimmer that the trajectory toward progress was not to be a straight line came when, early in our careers, a group of Legionnaires attending a conference in Philadelphia suddenly developed pneumonia from a deadly new infectious agent. That would be followed with HIV/AIDS, multi-drug resistant microbes, SARS, new strains of influenza, and of course, most recently, COVID.

The rise of unimagined strides in information technology would begin when we all bought our first fax machines. But even for your generation, it will be difficult to keep up with the new mechanisms of communication that will be a central part of your career. Family medicine, which appeared to be on its death bed as we began our careers, has retaken its rightful place as the foundational component for quality health care. With the onset of multidisciplinary teams, alternative payment systems, and fundamental positive changes to the relationship between family physicians, specialists, and hospitals, the future looks so bright for this specialty. Yet, for your generation, whether you choose family medicine or another specialty, all of you stand at the gates of the ultimate paradox in health care. Never before has so much information technology been made available to you and so many ways of interacting with your patients. And yet, never before has there been such a

need for face-to-face contact with your patients, to be able to give bad news as well as good, to be there to share the happy events as well as the sad ones, to communicate knowledge, to be a good listener, to hold a hand, and sometimes, to just wipe a tear from a cheek.

In 2072, one of you will have the honour of addressing that graduating class. What will you tell them about the next 50 years? They will be so curious to learn that there was a time when cancers were treated with surgery, radiation, and chemotherapy. They will be amazed that so many lost their lives to these diseases. They will be somewhat confused when you tell them that infections were once treated with a now extinct class of medications called antibiotics. You will tell them about a time when Alzheimer's and other dementias were simply observed as individuals entered the abyss of mental deterioration. They will find it hard to believe that coronary artery disease was treated with various forms of invasive surgery or that individuals with chronic kidney disease needed to spend many hours per week connected to a dialysis machine.

But just as our trajectory has not been a straight line, you can justly predict that there will be events that will negatively impact those wonderful strides in medical care, and these will require of you the same level of ingenuity, intelligence, and flexibility that you have witnessed in the last two years.

I wish you all Godspeed, happiness, and fulfilment as you enter into the next phase of what will surely be 50 years of amazing and profound advancements in health care. Congratulations to all of you.

To the Class of 2022, 50 years must seem an eternity. To the Class of 1972, it is a blink of an eye. ■

Introducing the 2T2 Graduates



Last June, U of T's medical school graduates were awarded their degrees virtually. But this June, members of the Class of 2T2 paraded across the Convocation Hall stage to receive their degrees. The 251 graduates were from both the St. George and Mississauga campuses.

Kedija Marie Abdella
Seana Adams
Ishan Aditya
Edem Andy Yao Afenu
Gian Rufus Agtarap
Yousuf Naveed Ahmed
Yusuf Syed Iqbal Ahmed
Anisha Akhtar
Maimoona Altaf
M-Ashraf Altesha
Andrew Assatory
Jason Baek
Jacob Bailey
Vishali Balasubramaniam
Indranil Balki
Saumya Bansal
Monisha Basu
Lauren Amanda Beck
Ivona Berger
Krish Bilimoria

Tina Binesh Marvasti
Christina Blagojevic
Zachary Blatman
Ingrid Blydt-Hansen
Monica Boctor
Semir Bulle
Melinda Margareta
Caputo Janhager
Adam Caulfield
Alessandra Ceccacci
Jasmine Chahal
Onella Charles
Wai-Yin Ruth Chau
Anna Chen
Honzer Chen
Sondra Song Jie Chen
Yuang Chen
Emily Yi Qin Cheng
Fanny Fangni Cheng
Ingrid Min-Hay Cheung

Joseph Chon
Maisha Tasnim Chowdhury
Adam Anil Christopher
Lauren Clarfield
Jessica Brianne Crawford
Rebecca Crawford
Syed Muhammad Anser Daud
Justin Paolo David
Mranali Dengre
Madeleine Samantha
Blum Deschenes
Nikola Despotovic
Aman Jeet Dhaliwal
Robert Di Cesare
Christina Ding
Julia Dmytryshyn
Zainab Doleeb
Kelly Yunan Dong
Zi Yang Dong
Jin Tong Du

Irakli Dzneldze
Melanie Sofia Elhafid
Lincango
Cara Elliott
Christopher End
Emily Claire Evans
Reza Fakhraei
Isabella Ying Fan
Yuyang Julianne Feng
Carlyn Arthur Figueiredo
Sabrina Rita Fitzgerald
Sarah Foran
Braydon Francis
Rakshith Gangireddy
Molly Yuqi Gao
Yizhuo Gao
Anubhav Garg
Shiliang Ge
Joel George

Sarfraz Singh Gill	Bishoy Gamil Halim	Andrew Paxton	Melissa Tigert
Fadi Gorgi	Wissa Lawendy	Monisha Rita Persaud	Christopher Tran
Paula Gosse	Dongjoo Lee	Natalie Florence Phung	Jacqueline van
Rachel Emily Greben	Juehea Lee	Ushma Jaidev Purohit	Warmerdam
Caroline Gregory	Rachel Lee	Sheza Qayyum	Sara Vaughan
Kaaran Kumar Gupta	Maria Leis	Lyon Qiao	Alessandro Volpe
Rita Gustainis	Tiange Li	Hira Raheel	Ho Yee Wan
Justin Haas	Wei-Ya Li	Jayoti Rana	Christine Wang
Ghazal Haddad	Jenny Liao	Maria Michelle	Andrew Ross Ward
Sina Hadipour-Lakmehsari	Nicholas Light	Raveendran	Declan Webber
Naushin T. Halani	Justin Wei-Jia Lim	Samantha Angela Rossi	Adrian Witol
Mehnoor Hanif	Nechama Lipton	Andrea Rossos	Bryan Ming-Tak Wong
Saarah Haque	Alexandra Liu	Amir-Arsalan	Siobhan Meagan Wong
Courtney Lauren Hardy	Nathalie Arielle Loeb	Sabouhanian	King Yuen
Elias Levi Hazan	Alexander Xavier Lozano	Muskaan Sachdeva	Adriana Micheline Workewydh
Leanne Eva Herman	Cathy Huilin Lu	Nelson Ian Saddler	Annie Si Yu Wu
Isra Mustafa Hussein	Yao Lu	Frozan Safi	Kat Kai Qing Xiong
Brian Hyun Seok Hyung	Caitlin Lundell-Creagh	Amr Hosny Saleh	Xin Xu
Tarek Ibrahim	Megan MacFarlane	Pawandeep Singh Sandhu	Zi Fan Yang
Happy Agbon Inibhunu	Roslyn Laurie Mainland	Jude Sanon	Brianne Yarranton
Roshion Sabeeha Ishaque	Patricia Marta Malinski	Geoffrey William Schemitsch	Matthew Yau
Alainna Juliette Jamal	Emanuel Andrew	Karlee Searle	Gil Yerushalmi
Yaanu Jeyakumar	Mastrangelo	Matthew Sem	Tatiana Yeuchykh
Jocelyn Jia	Kristian McCarthy	Ayesh Kumar Seneviratne	Michael Youssef
Taylor Mackenzie Jordan	Liam Greg McCoy	Nu Ley Seo	An Yi Yu
Lanujan Kaneswaran	Miranda McDermott	Ye Rin Seo	Rui Xuan Yu
Cindy Na-Young Kang	Matthew McGarr	Charles Brian Serapio	Wanqing Yu
Joseph Kates Rose	Michael Mehta	Rajan Shah	Siraj K Zahr
Noah Kates Rose	Nishila Mehta	Omar Mohammad Shaikh	Pearl Khushnuma Zaki
Emily Samantha Kaunismaa	Steven Mejia	Deepanshu Sharma	Sahar Zarabi
Gill Kazezman	Adam Eli Minich	Kieran Richard Sharma	Helen Dehui Zeng
Brendan Steven Kelly	Fiona Moloney	Conor Sheridan	Danning Zhang
Mona Khalid	Luqmaan Moolla	Orli Mihal Silverberg	Jennifer Jia Zheng
Sarah Saba Khan	Siddiq Moolla	Kathleen Victoria Simms	■
Shawn Khan	Kyra Moura	Elliot Charles Smith	
Nikisha Shally Khare	Kyung Joon Mun	Emily Snook	
Joo Hyun Kim	Jacob Ryley Myles	Kaylee Ui Hyun Sohng	
Nicholas Kim	Helia Nabavian	Benjamin Solomon	
Seungyeon Kim	Mythili Nair	Mithila Somasundaram	
Jordynn M Klein	Keshav Narang	Sung Hoon Song	
Sugee Sithuruwani	Tate Newmarch	Padmaja Sreeram	
Korale Liyanage	Kelvin Ng	Jamie Caitlin Stark	
Emily Kornelsen	Lena Nguyen	Klaudiusz Stoklosa	
Alex Koziarz	Kathleen Therese O'Brien	Hilary Elizabeth Stone	
Jason Chuen Sun Kwan	Victoria Elizabeth Grand	Yi Shi Sun	
Vickie Kwan	O'Driscoll	Manjot Sunner	
Isabelle Laksono	Mary Oluwasemipe Oni	Irtaza Tahir	
Austin Lam	Ben Ouyang	Felicia Tai	
Haoyue Helena Lan	Natalie Anne Paolucci	Matthew Tersigni	
Geoffrey Lau	Ashna Parbhakar	Punithan Thiagalingam	

MAA AWARDS FOR EXCELLENCE 2022

Thanks to the generosity of medical alumni who have made donations and bequests to the Medical Alumni Association, we are able to recognize academic achievements with a number of awards for students, faculty, and staff.

We announced this year's MAA Awards of Excellence during the Temerty Faculty of Medicine Pre-Convocation Ceremony on June 1, 2022.



STUDENT AWARDS

Samuel J. Streight Award

for high standing in internal medicine
Omar Shaikh

Dr. Irvin (Kelly) Gollish 5T7 Memorial Award

for interest in ophthalmology through clinical or research participation
Anubhav Garg

Dr. Carl Witus (3T6) Memorial Prize

for high standing and interest in paediatrics
Zachary Blatman

Dr. Robert P. Orange Memorial Award

for leadership qualities and commitment to extracurricular activities in the faculty and university
Kaylee Ui Hyun Sohng

Dr. Delbert S. Hoare 2T8 Award

for outstanding contributions to undergraduate medical education
Lauren Clarfield

Medical Alumni Association Proficiency Award

for general high standing in the undergraduate medical program
Kathleen Simms
Keshav Narang

Weber/Nimon Prize

for special interest in neurology and neurological topics in research and clinical services
Liam McCoy

Dr. Isaac (Jack) Markens 4T8 MAA Award

for academic excellence
Nechama Lipton

5T7 Memorial Dr. Janice Huffman MAA Award

for excellence in radiology
Sabrina Fitzgerald

Harris Family Medical Alumni Award

for excellence in and intent to specialize in oncology
Nicholas Light

Barbara M. Hardy MMA Award

for excellence in and intent to specialize in general surgery
Joo Hyun Kim

Dr. S. Nimu Ganguli and Family MAA Award

for excellence in diagnostic medical imaging through research and/or clinical electives
Indranil Balki

PHOTO: MAA President Dr. David McKnight (left) presents the Silver Shovel to Dr. Lefkowitz, a clinician teacher and assistant professor based at Sunnybrook Health Sciences Centre.

FACULTY AND STAFF AWARDS

One of the unique features of Temerty Faculty of Medicine is its four academies. Each student is appointed to an academy, and each academy is composed of clusters of affiliated hospitals and health care sites. This year for the first time, students in each of the four academies selected the professors they feel are the most worthy of the Class of 8T9 Medical Alumni Award and Dr. E. Mary Hollington Foundations Teaching Awards.

Class of 8T9 Medical Alumni Award

To faculty members for acting as a role model for undergraduate medical students and showing them outstanding compassion, understanding, and guidance

Dr. Natalie Clavel,
Wightman-Berris Academy

Dr. Monica Farcas & Dr. Richard Wells,
FitzGerald Academy

Dr. Frank Papanikolaou,
Mississauga Academy

Dr. Eugenia Piliotis,
Peters-Boyd Academy

Dr. E. Mary Hollington Foundations Teaching Award

To faculty members for excellence in teaching the Foundations curriculum in first and second year

Dr. Mini Joshipura,
Mississauga Academy

Dr. Yonah Krakowsky,
Peters-Boyd Academy

Dr. Alana Miller,
FitzGerald Academy

Dr. Susanna Talarico,
Wightman-Berris Academy

Dr. E. Mary Hollington Clerkship Teaching Award

To faculty members for excellence in teaching during clerkship in third and fourth year

Dr. Robert Goldberg,
Mississauga Academy

Dr. James Rasos,
FitzGerald Academy

Dr. Steven Shumak,
Peters-Boyd Academy

Dr. Mara Sobel,
Wightman-Berris

David Eberle Memorial Alumni Award

For a staff member acting as a role model for undergraduate medical students and showing them outstanding compassion and guidance

Dr. Tony Pignatiello

Dean A.L. Chute Silver Shovel Award

In recognition of excellence in lecturing during the clinical years of the MD program, the award goes to the person selected by the fourth-year class to give the last lecture on the last day of class.

Dr. Ariel Lefkowitz



PROFILE OF A NEW GRAD

Sabrina Fitzgerald (Class of 2T2) was an inspiring player on the soccer field, and now she's taking the radiology field by storm.

After finishing high school in her hometown of London, Ontario, Sabrina Fitzgerald was awarded a full athletic scholarship to Canisius College in Buffalo. "I was an NCAA Division 1 athlete, which is the highest level of collegiate sports for women," explains the stellar soccer player.

This spring, Fitzgerald received the 5T7 Memorial Dr. Janice Huffman MAA Award for demonstrating excellence in radiology during electives, related extracurricular activities, and research initiatives. And in the tough competition for radiology residency positions across Canada, she was awarded her first choice: the diagnostic radiology residency program at the Temerty Faculty of Medicine.

"In Canada, radiology residency programs are five years and combine both diagnostic and interventional radiology training. In other countries, like the United States, they're separate programs," Fitzgerald explains. "The therapeutic or interventional element of radiology, which includes procedures such as image-guided biopsies and placing stents, is an exciting area of innovation."

Fitzgerald will apply the same strategies to her residency that made her passage through medical school smooth sailing. "While medical school was demanding



academically and further challenged by the pandemic, I found that remaining balanced – and balance for me means finding time for regular exercise and seeing family and friends – made medical school not only manageable but really enjoyable.

"Soccer is a huge part of my identity," she continues. "In medical school I put together an intramural soccer team, and now that medical school is over, I'm playing on a city-wide soccer team.

"What drew me to radiology was the fantastic mentorship and seeing strong female leaders in the field. Getting to know my mentors opened the door to the radiology community. After getting involved, every step that I took I saw myself fitting in and able to utilize my unique skills to make a positive difference."

One of Fitzgerald's mentors, Dr. Charlotte Yong-Hing at the University of British Columbia, is an advocate for women in

radiology. "After reading online about some of her work, I reached out to her, asking how I could get involved," says Fitzgerald.

Since then, Yong-Hing and Fitzgerald have worked together on various research and advocacy initiatives. For example, during the Canadian Undergraduate Radiology Lecture Series, Yong-Hing encouraged Fitzgerald to speak about the lack of female radiologists in both practice and academia.

In her lecture, Fitzgerald pointed out that many of the specialties in Canada are male dominated. Only 15 of the 26 medical specialties and two of the 13 surgical specialties have achieved gender parity.

She expressed how she finds this curious because since 1995, more than half of medical students in Canada have been women. Today, about 63% of medical graduates are women. Within Canadian radiology practices, however, only 31.6% of radiologists are female.

Fitzgerald noted that radiology, in particular, has been identified as one of the medical specialties with the least gender, racial, and ethnic diversity. "There are demonstrated benefits of diversity in medicine," says Fitzgerald, "including enhanced problem-

solving, innovation, empathy, and patient outcomes."

She feels that mentorship and an earlier exposure to radiology will help balance the gender scales by showing med students early in their training that radiology is a wonderful specialty for women.

Fitzgerald also has a broader vision – to make radiology better for everyone in the field. She's a lead author on a study about the ergonomics of radiology workstations. For this endeavour, the seven-member research team surveyed all radiologists in Canada, and 78.5% of the 191 radiologists who responded self-reported musculoskeletal discomfort from a non-ergonomic workstation.

"We identified gaps in knowledge," reports Fitzgerald. "Poor workstation ergonomics can not only cause injuries, they can reduce productivity. This is an opportunity that we identified to improve radiologists' awareness of the value of an ergonomic workstation.

"I am happy with how I am able to contribute to radiology. I really just love the field." ■



Class Notes

News from your classmates

AN IMPORTANT MESSAGE ABOUT YOUR @UTORONTO.CA EMAIL

Do you use your @utoronto.ca email? U of T is updating the email system. If you graduated before 2012, your @utoronto.ca address has changed to @alumni.utoronto.ca and your messages have been migrated to your new address. See details [here](#). Let the MAA know your new email at medical.alumni@utoronto.ca so you won't miss any important news!

CLASS OF 5T2



Dr. Murray MANSON and his daughter Wendy visited Tubac, Arizona, an artist's colony, in the fall. Then they drove to Bisbee, a picturesque, ex-mining town about 90 miles south-east of Tucson. On his amateur or "ham" radio, Murray enjoys

transmitting messages to the United States, South America, and other parts of the world. His call letters are N2IYZ. *Photo: Murray and his daughter Wendy in Tubac, Arizona, September 2021.*

CLASS OF 5T8

Dr. Ronald LEVY is practising part time in Great Neck, New York. He plays tennis on the weekends and golfs and goes fly fishing in the summer. Ron writes, "How did I get so lucky? Great life, still percolating. I'm a survivor, lucky, and always optimistic. Love to all!" Contact: jazz203@yahoo.com

CLASS OF 6T2

Dr. Peter BERNDT continues in his private psychiatry practice in the small community of The Woodlands, Texas, an hour north of Houston. Formerly a family physician in Oakville, Ontario, Peter did a psychiatric residency at the University

of Texas Health Center in San Antonio. Peter focuses on the treatment of anxiety, depression, post-traumatic stress disorder, and psychosomatic disorders, using a combination of psychotherapy and medication management. During a two-year sabbatical in Colorado, Peter attended an art school. Now, in addition to practising medicine, he paints in the hyperrealism genre. He is married and has five grown children who live in Texas, New Mexico, and Mexico.

CLASS OF 6T8



Dr. Martin UNGER started a second career several years ago. Previously, he was a medical consultant for Germiphene, Faberge, and Revlon. Now, he's the President and CEO of Empire Pharmaceutical Inc., which developed and manufactures

Clera, a cold sore medication. Martin has retired from his cosmetic plastic surgery practice but continues to teach and lecture internationally. Contact:

drmgua@aol.com

CLASS OF 6T9



Dr. Jerry FRIEDMAN continues to practise and teach at Michael Garron Hospital in Toronto. He showed his driftwood sculptures at the Artists of the Limberlost Studio Tour in August. For more information, visit [http://](http://www.artistsofthelumberlost.ca)

www.artistsofthelumberlost.ca or email Jerry at jerryfriedman@rogers.com.

CLASS OF 7T2



Dr. Lanny EASON retired from his 30-year pulmonary/critical care practice in Dallas in 2006. Then for 10 years, he was the Chief Medical Officer for Providence Health in southern California. Lanny and his wife, Kay, now live in Green Valley, Arizona, where Lanny enjoys golfing, cooking, writing, and

great friends.

CLASS OF 7T3



Dr. Helen BATTY is working on a profile of the Class of 7T3 for next year's reunion. Helen writes, "Progress on data analysis of my long-term class survey was slowed down in the past couple of years by pandemic disruptions, but I'm still hoping to have big-picture highlights to present next year.

Thanks to so many of you who have completed various versions over the decades. One particularly interesting phenomenon is a group of impressive classmates who juggled their medical careers with parenting four, five, or six children. Anybody in this group who would like to describe their strategies for success and survival in a short or long email message to me or on a Zoom chat would be most welcome to contribute their insights. Another question I have for everyone is: "Are you still working in some kind of medical area? If so, how many hours a week? Or, what is the date when you retired?" Classmates can email this information to Helen at h.batty@utoronto.ca.

CLASS OF 7T5

Dr. Paul STEINBERG has written another book: *Applying Psychoanalytic Thought to Contemporary Mental Health Practice*, which he discusses on a podcast:

<https://newbooksnetwork.com/applying-psychoanalytic-thought-to-contemporary-mental-health-practice>. In this volume, Paul describes the potential for applying psychoanalytic ideas and practice to a variety of mental health care contexts, including group therapy. The new book is a sister volume to his earlier work, *Psychoanalysis in Medicine: Applying Psychoanalytic Thought to Contemporary Medical Care*. He discusses this book on this podcast:

<https://newbooksnetwork.com/psychoanalysis-in-medicine>. Paul is a clinical professor in the Department of Psychiatry at the University of British Columbia.

CLASS OF 8T0

Dr. Margaret JURY has retired from general practice with Student Health Services at Western University in London, Ontario. ■

Reunions Past and Future



Photo: The Class of 6T9 at their 50th-year reunion in 2019

This spring, several classes held reunions; some were in-person, and some were virtual. Regardless of how the class celebrated, the classmates closed each reunion by making plans to meet again to mark their next anniversary.



The **Class of 6T2** celebrated their 60th anniversary with a luncheon at the Rosedale Golf Club in Toronto.

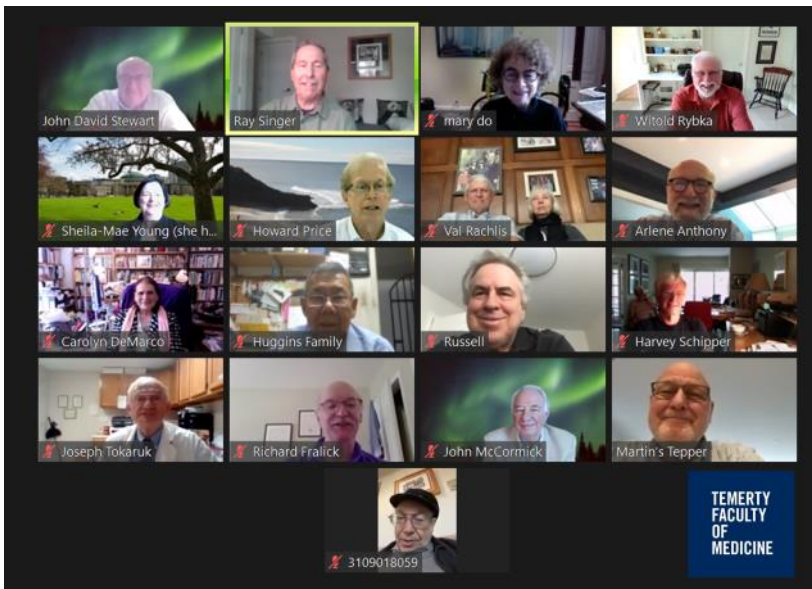
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Keep your contact information updated [here](#) with the MAA. Because of privacy legislation, we don't get your information from the university. Provide us with your preferred email to receive *MAA Matters* in your inbox, or call us at 416-978-0990.



In celebration of their 55th anniversary, the **Class of 6T7** held a reunion at the Donalda Club in Don Mills. Thirty-four classmates attended along with 26 of their partners. The evening was highly successful and everybody had a good time.

To mark their 51st anniversary, the **Class of 7T1** held a reception and dinner at Sassafras Restaurant in Toronto's fashionable Yorkville area. Fifty-four classmates registered for the event.



The **Class of 7T2** held a virtual reunion to mark their milestone 50th anniversary.

To make up for their cancelled 45th anniversary celebration in 2020, the **Class of 7T5** held a virtual reunion. ■

Upcoming reunions

The Class of 7T2

An in-person 50th reunion planned for October 1, 2022 was cancelled because of time constraints and challenges in contacting sufficient numbers of the class. The good news is there is a new date for the 50th reunion: June 2, 2023, in the Great Hall at Hart House. Save that date!

The Class of 7T3

is planning a 50-year reunion in 2023. For more information, email Helen Batty at h.batty@utoronto.ca. Helen notes that “the class Facebook group set up in 2018 is still open, although a bit neglected for those who might like to revive it.”

The Class of 8T2

Reunion Committee is organizing an in-person event to celebrate the class’ 40th anniversary. It will be on November 12, 2022, and the location and details are to be determined. The Reunion Committee includes Anne Curtis, Marko Duic, Linda Huehn, and Doreen Yee. The committee asks for your help in getting the email addresses of class members. For more information, contact Linda Huehn at lhuehn@sympatico.ca

The Class of 8T7

is holding its 35th anniversary class reunion from September 16 to 18, 2022, at the Prince of Wales Hotel in Niagara-on-the-Lake. We ask that you make your own booking. The Prince of Wales Hotel’s Reservations direct number is 1-888-669-5566. Or, reserve online at <https://www.vintage-hotels.com/> through the group block under the name “University of Toronto Faculty of Medicine 8T7 Class Reunion.” The group reservation ID number is 3403930.

Double occupancy is \$512 /night, taxes and meals included. Plus, there’s a \$132 in required food spend; divided equally over two nights, it’s \$66 per person per night.

The booking includes two breakfasts, a wine and cheese reception, dinner on Saturday night, and a refreshment break on Sunday morning.

For more information, contact Jacqueline James at jacqueline.james@rogers.com.

The Class of 9T2

will be celebrating their 30th reunion on the evening of Saturday, October 15, 2022, at Aria Ristorante in downtown Toronto (www.ariaristorante.ca). Further details and tickets will be available at the end of the summer. If you are unsure about whether you are on the mailing list, email Anne Dipchand at anne.dipchand@sickkids.ca

We’re here to help

For help organizing your class reunion, contact the MAA at medical.alumni@utoronto.ca or phone 416-978-0990. The MAA can provide mail and email information and invitations.

Don’t miss the party

To ensure you remain on the mailing list for updates and invitations, update your contact details. Use the MAA’s online [form](#), email us at medical.alumni@utoronto.ca or phone 416-978-0990.

CLASS OF 5T8

In Memory of Dr. William MacEachern

DR. WILLIAM NEIL MACEACHERN, AT AGE 89, ON MARCH 24, 2022, IN WATERLOO, ONTARIO

by Dr. Peter Wyshynski, Class of 6T1, with files from Knox College and the family's memorial

Bill wasn't in my class, but I knew Bill through mutual friends, parties, dinners, skiing, and from referring patients to each other.

After graduating from U of T, first in Pharmacy in 1954, then in Medicine in 1958, Bill did an internship at Toronto General Hospital. Then he moved to Hanover, New Hampshire, where he completed a dermatology residency at the Dartmouth Hitchcock Medical Center in 1963. Bill was very proud of his connection to Dartmouth College, returning faithfully to all of the reunions, and he kept up his New Hampshire medical licence even though he never returned to practise there.

The next year, 1964, Bill opened a dermatology practice in Kitchener, Ontario, and practised for 53 years. I remember visiting him in his first office at 307A½ Lancaster St. when I moved and started a practice in Kitchener-Waterloo in 1970.

It was no surprise to me that Bill was recognized by his peers as "Practitioner of the Year" in 1984 because everyone agreed that he was an exceptionally competent and knowledgeable dermatologist as well as a "really nice guy." He also served as President of the



Canadian Dermatology Association in 1989.

Bill loved to ski, a passion that along with his joviality and friendliness made him fun to be with both on the hill and après ski. For over 25 years, a highlight of his weekends was his Sunday morning ski class with his fellow ROGUES (Retired Old Guys Undertaking Extreme Skiing).

He fully retired from medicine in 2017.

The passing of Dr. William MacEachern has left a sad vacancy in the community.

[Family's memorial](#) ■



In Memoriam

Lives Well Lived

CLASS OF 4T5



Dr. Percy Grenville LOBLEY, at age 100, on January 20, 2022, in Bracebridge, Ontario.

[Family's memorial](#)

CLASS OF 4T8

Dr. Barbara Helen Makaroff HAYDEN, at age 97, on May 8, 2022, in Fresno, California. After completing her medical degree, Barb accepted a residency at Vancouver General Hospital. In 1961, Barb and her husband, Dr. William Hayden, started a private practice in Big Creek, California. Barb practised for 25 years and then retired to Fresno. Barb's sewing talents led to her creating wedding dresses for generations of family members. It wasn't until Barb was 95 and the COVID-19 pandemic hit, that her weekly golf outing with friends came to an end.

[Family's memorial](#)

CLASS OF 4T9



Dr. Elizabeth Ruth BRIDGMAN, at age 97, on April 24, 2022, in Gimsby, Ontario. Betty grew up in China, the daughter of United Church of Canada missionaries. After graduating, she furthered her training in Vancouver and Lisbon, Portugal. Then, through the United Church, she began a

long medical career in Chissamba, Angola. As the only physician in the area for many years, Betty provided treatment and surgery at any time of the day or night. In 1977, during the Angola Civil War, Betty briefly returned to Canada where she received the Order of Canada for her medical service. She later practised in Kimpese, Democratic Republic of the Congo. In 1989, Betty retired to Winona, Ontario, where she enjoyed tending her garden. [Family's memorial](#)



Dr. John Michio YOSHIOKA, at age 97, on March 15, 2022, in Mississauga. After interning at Toronto Western Hospital and Shaughnessy Veterans' Hospital in Vancouver, John was a solo general practitioner in Greenwood, British Columbia. In 1954, he started

an anesthesia residency in Vancouver that he completed in Montreal. From 1958 to 1971, John was an anesthesiologist at Oakville Trafalgar Memorial Hospital in Ontario, serving as Head of Anesthesia from 1966 to 1971. In 1972, he helped establish the new Etobicoke General Hospital, serving as its founding Head of Anesthesiology. In 1981, John became a consultant anesthesiologist at the King Faisal Specialist Hospital in Riyadh, Saudi Arabia.

[Family's memorial](#)

CLASS OF 5T0

Dr. James Robert MacLEAN, at age 96, on March 14, 2022. Bob interned at Royal Victoria Hospital in Montreal and the Hospital for Sick Children, did a residency in Vancouver, and a pathology fellowship and pediatric residency at Babies Hospital in New York City. In 1955, he joined his friend and colleague Jack Whitelaw in a pediatric consulting practice in Vancouver. For over 30 years, he was Head of Newborn Care at Grace Hospital and then BC Women's Hospital in Vancouver. He was Director of the Canadian Cystic Fibrosis Medical Advisory Committee for six years and Chair for two years. When Bob retired from pediatric practice, he took on administrative roles as Vice-President of Medicine and Acting CEO at Grace Hospital, and Vice-President of Medicine at BC Women's Hospital.

[Family's memorial](#)

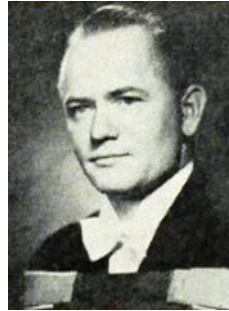
CLASS OF 5T2

Dr. George BUCKLEY, on March 17, 2022.

Dr. Philip John LEAHY, at age 100, on June 17, 2022. Phil practised in Teeswater, Ontario, for 27 years before moving to Toronto where he became the attending physician at Canada Life. In 1986, he retired in Waterloo, Ontario. Phil joined the Lions Club, the Knights of Columbus, and lawn bowling

and curling clubs. Phil loved to be in the company of others. [Family's memorial](#)

CLASS OF 5T3



Dr. Roman BLADEK, at age 97, on March 22, 2022. Roman earned his internal medicine designation in 1961 and an MA in microbiology in 1963. He joined the staff of Toronto Western Hospital in 1961, opening a practice specializing in allergies, immunology, and

respirology. Roman was Co-Director of the Medical ICU and Head of Respirology for over 15 years. From 1982 to 1989, he was the Chief Medical Director for Homes for the Aged with the Ontario Ministry of Community and Social Services. Roman cherished his cottage on Georgian Bay, Ontario, where he hosted generations of family and friends. [Family's memorial](#)

Dr. Ahti LUNDQUIST, at age 93, on April 19, 2022, in Cambridge, Ontario. He trained in anesthesiology in England and later, moved to Peterborough, Ontario. Ahti practised for 50 years at Peterborough Civic Hospital and St. Joseph's Health Centre, which later amalgamated to form the Peterborough Regional Health Centre. Ahti was an avid reader, golfer, curler, photographer, gardener, pilot, swimmer, and scuba diver. [Family's memorial](#)

CLASS OF 5T4

Dr. Harvey Y. LEWIS, at age 92, on March 29, 2022. Harvey moved to Detroit as a urology resident and practised there for many years. At his cottage in Lake of Bays, Ontario, Harvey built detailed historic boat models from scratch and enjoyed visits from family and friends. [Family's memorial](#)

CLASS OF 5T5

Dr. Kenneth Martin ASSELSTINE, at age 91, on May 10, 2022, in North Bay, Ontario. Ken began his medical career in the Canadian Arctic. Then, in the early 1960s, he started a long surgical career in North Bay, where he served as Chief of Surgery and Chief of Staff at what is now known as North Bay and District Hospital. Ken retired in 2012. [Family's memorial](#)

CLASS OF 5T6

Dr. Stefan Wojtek KOPYTEK, at age 102, on April 22, 2022, in Etobicoke, Ontario. Stefan enrolled in medicine in his native Poland, but the Second World War interrupted his studies. In 1945, he helped establish the new University of Lodz medical school, which he attended until accepting an internship at the Medical Academy of Gdańsk, Poland, in 1947. To avoid persecution, he immigrated to Canada as a farm labourer in 1950. After graduating from U of T medical school, Stefan opened a family practice on the main floor of a house in Etobicoke and lived upstairs. Throughout his career, Stefan maintained privileges at nearby Queensway Health Centre, where he worked in the emergency department and at one point was Chief of Staff. As Stefan's family practice grew, he moved his office to Queensway's medical building. Stefan was also the Etobicoke coroner for 26 years. After retiring from medicine in 1995, Stefan helped launch Copernicus Lodge, a long-term care facility for the Polish community in Toronto's west end. He served on the board of directors of Copernicus for many years. [Family's memorial](#)

Dr. Donald C. STEELE, at age 92, on April 22, 2022. After completing surgical training at Toronto Western Hospital in 1962, Donald returned to his hometown of St. Catharines, Ontario, to set up his practice. A Past-President of the Buffalo Urological Society, Donald co-founded the St. Catharines Urological Clinic. For many years, he served on the board of the St. Catharines Symphony Orchestra. Donald was also a longtime board member of Rodman Hall Art Centre, serving as its President from 1977 to 1980. [Family's memorial](#)

CLASS OF 5T7

Dr. Robert James CREIGHTON, at age 88, on March 20, 2022, in Walkerton, Ontario. [Family's memorial](#)



Dr. Katherine Louise TURNER, in early May 2022, in London, Ontario. After graduating, she joined a general practice in Toronto but soon accepted a position at Dobson Clinic in Grande Prairie, Alberta. Katherine returned to Ontario in

1971 to study pathology. She was on staff at St. Joseph's Hospital in London until retiring in 1992. She enthusiastically participated in Nature London, the London District Weavers and Spinners Guild, fitness classes, senior alumni lectures, and live theatre. Katherine was the devoted partner of Dr. James Anderson (Class of Jan 4T3) who died earlier this year. [Family's memorial](#)

CLASS OF 6T0

Dr. Dinah GRUBER, on January 7, 2022, in North York, Ontario. Dinah was the stepsister of Dr. Ruth Zaretsky (Class of 6T4). [Family's memorial](#)

CLASS OF 6T1

Dr. Peter Constantin SAMU, on June 12, 2022, in Toronto. Born in Cluj, Romania, Peter was a Holocaust survivor. He did a radiology residency at Stanford University in California, then practised in Toronto. Peter enjoyed cooking international cuisines for his many dinner parties. [Family's memorial](#)

Dr. Teddy SWORNIOWSKI, at age 86, on May 26, 2022. Teddy started a private practice in Barberton, Ohio, and was a solo obstetrician/gynecologist for 30 years. An avid traveller, he visited all seven continents. After earning a private pilot's licence, he travelled even more. [Family's memorial](#)

Dr. William A. YORZYK, at age 87, on September 2, 2020, in East Brookfield, Massachusetts. After graduating, Bill spent three years in Japan as a captain of the U.S. Air Force Medical Corps. An anesthesiologist, he pioneered pain clinics at Baystate Hospital in Springfield, Massachusetts, and retired in 1996. Although Bill didn't learn to swim until he was 16, he became an Olympic gold medallist in the butterfly and set 11 world records. [Family's memorial](#)

CLASS OF 6T2

Dr. Inese BEITINS, on April 15, 2022. After graduation, Inese pursued training in pediatrics, pediatric endocrinology, and reproductive sciences. In 1992, she joined the National Institutes of Health as a senior advisor and recently, was involved in its new gerontology division.

Dr. Norman Lowe FRASER, at age 88, on December 26, 2021, in Ottawa. Norman started as a general practitioner at Toronto East General Hospital. Then for three years, he was Zone Director of Moose Factory General Hospital. Dedicated to the well being of First Nations peoples, he returned to his birthplace of North Gower, Ontario, to work as the Assistant Regional Director of Health and Welfare, directing the care of First Nations peoples.

[Family's memorial](#)



Dr. John James TURNER, on April 27, 2022. John enjoyed a rich professional life in dermatology, practising medicine until a week before his death. [Family's memorial](#)

CLASS OF 6T3



Dr. Vytautas Alexander MICKUS, at age 83, on May 30, 2022, in Combermere, Ontario. Vytautas was a family doctor in Renfrew and the Ottawa Valley for 44 years. His interests included backgammon and motorcycles. [Family's memorial](#)

CLASS OF 6T5

Dr. Richard Cecil HOLGATE, at age 81, on March 16, 2022, on Isle of Palms, South Carolina. Richard completed an internal medicine residency at Queen's Medical Center in Honolulu, a neurology residency at Mount Sinai Hospital in Toronto, and radiology residencies at three Toronto hospitals. Then he did a neuroradiology fellowship at Columbia University Medical Center in New York City and a radiology fellowship at the National Hospital for Nervous Diseases in London, England. In 1984, Richard immigrated to the United States to become an associate radiology professor at the Medical University of South Carolina. In 1990, he began practising as a radiologist at the Medical Imaging Center of Southern California in Santa Monica. Then in 1992, he opened the first

independent, privately operated MRI facility in South Carolina. [Family's memorial](#)

Dr. Eugene P. SHOLDRA, at age 82, on March 24, 2022, in Fort Worth, Texas. Eugene completed ophthalmology training in 1968. He practised for 12 years in Ottawa and then moved to Fort Worth, Texas, and worked in Weatherford and Fort Worth until retiring in 2018. [Family's memorial](#)

CLASS OF 6T6

Dr. Emory BURKE on December 27, 2021. [Family's memorial](#)

CLASS OF 6T9

Dr. Roland BUEHRLE, at age 78, on May 5, 2022. Roland was an otolaryngologist. [Family's memorial](#)

CLASS OF 7T3

Dr. Esther DOSTROVSKY, née Krigstein, on June 24, 2022, in Toronto. Esther enjoyed a long career as a family physician. [Family's memorial](#)



Dr. John Douglass MUIR, at age 74, on March 20, 2022, on Amelia Island, Florida. John earned a PhD in immunology at Scripps Clinic Research Institute in San Diego, California, completed postgraduate clinical training in internal medicine in Toronto, and

did a pulmonology/critical care clinical fellowship in Calgary and a fellowship at Sunnybrook Health Sciences Centre. John practised medicine in Connecticut and Massachusetts for 16 years before moving to Naples, Florida, in 1995. There, he ran the Pulmonary Critical Care Department at Naples North Collier Hospital and Physicians Regional Hospital. In 2006, John earned a graduate degree in public health at the University of South Florida. In 2010, he moved to Amelia Island, Florida, where he set up and ran a new pulmonary and critical care department at Baptist Nassau Hospital and contributed to public health decisions in northeast Florida. John retired in 2019. He enjoyed summers at his cottage in Muskoka, Ontario. [Family's memorial](#)

CLASS OF 7T4

Dr. Nicholas E. LOUKIDES, at age 72, on January 9, 2022. Nicholas was a family physician in Toronto.

CLASS OF 7T8

Dr. David Ralph HINTON, on June 7, 2022. In 1983, David completed a residency/fellowship in neuropathology in Toronto and a postdoctoral fellowship at the California Institute of Technology in Pasadena. In 1988, he joined the Department of Pathology at the University of Southern California (USC) in Los Angeles, where he remained for his entire career. There, David assumed many roles, including Associate Dean of Vision Science, Vice-Chair of Pathology, and Director of the Dean's Research Scholars Program. He was also a founding member of the Beckman Macular Research Center at USC. His research increased our understanding of age-related macular degeneration (AMD). David and two other researchers founded a startup called Regenerative Patch Technologies to launch a clinical trial that involves implanting retinal pigment epithelium derived from stem cells in patients with advanced AMD. Although early, the trial results are promising. [Family's memorial](#)

CLASS OF 8T0

Dr. Eric Peter LAHNSTEINER, at age 65, on April 2, 2022. Graduating from medical school at age 23, Eric embarked on a family practice in Mississauga that spanned 39 years. [Family's memorial](#)

CLASS OF 8T3

Dr. Kenneth James WALKER, at age 64, on March 31, 2022, in Sarnia, Ontario. President of the Class of



8T3, Ken completed his residency at Western University in London, Ontario. Then he built a family practice in Bright's Grove, Ontario. A third-generation family physician, he made home visits along country roads in his convertible, like his physician grandfather did in his

horse and buggy. Ken ran 86 marathons including 10 Boston marathons, 11 Ironman triathlons, and dozens of half Ironman and Olympic distance triathlons. For 27 years, he organized the Bluewater Triathlon and Duathlon to raise funds for his church.

[Family's memorial](#) ■

MAA Matters accepts death notices and obituaries, which may be edited.

Digital submissions preferred by [email](#) or send submissions by mail to: MAA Matters, Medical Alumni Association, 1 King's College Circle, MSB Rm 3249, Toronto ON M5S 1A8. Photos will be returned if requested.

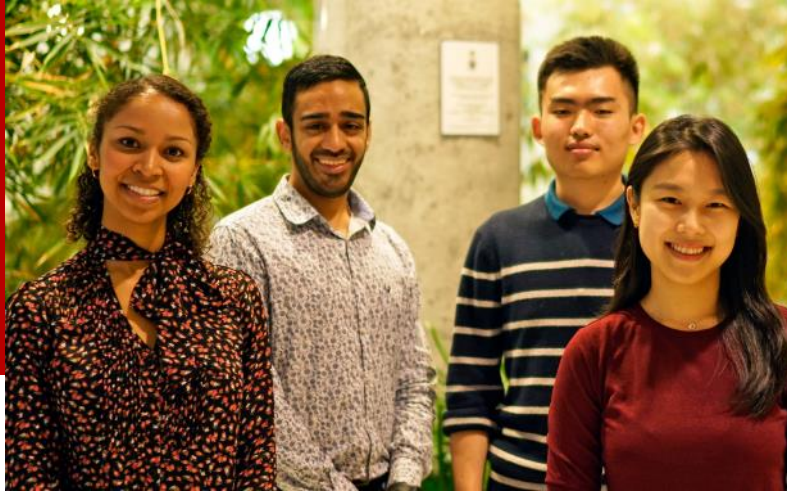


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MSB Rm 3249, 1 King's College Circle, Toronto ON M5S 1A8
416-978-0990 | maautoronto.ca | maanews@utoronto.ca