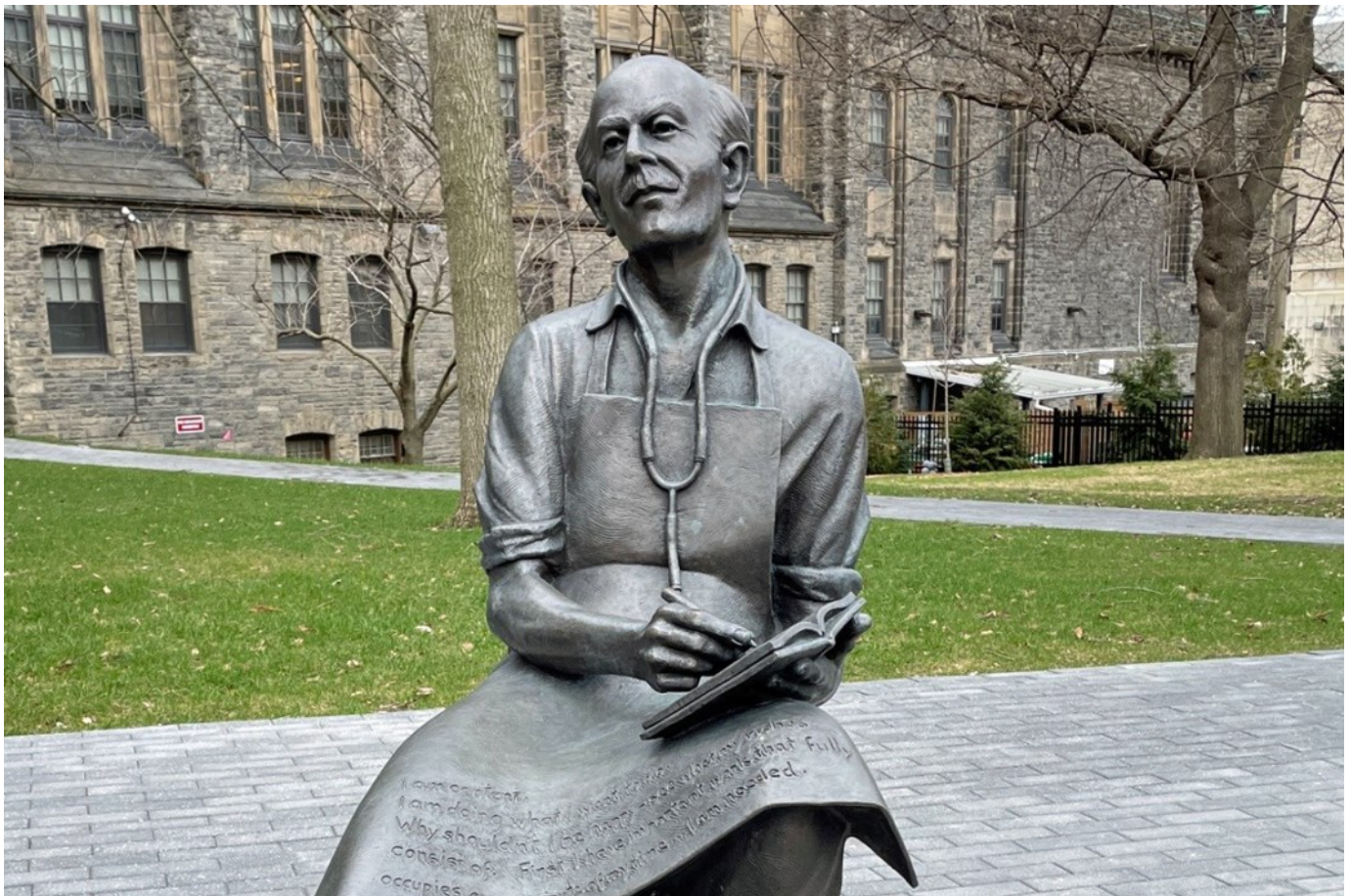


MAA MATTERS

The magazine for U of T Meds Alumni

Spring 2023

The Checkered History of Dr. Norman Bethune



**THE CHECKERED HISTORY OF
DR. NORMAN BETHUNE**

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The Checkered History of Dr. Norman Bethune



While Canada holds Dr. Norman Bethune (Class of 1916) in high regard for his medical ingenuity, China idolizes him

The reason why Dr. Bethune is less celebrated in his home country has more to do with his belief in communism than his lack of accomplishments as a military surgeon in China. For decades, Canadians couldn't view a physician who risked his life to help communists in China as worthy of respect.

But in 1970, when Prime Minister Pierre Elliott Trudeau forged diplomatic relations with China and named Bethune “a Canadian of national historic significance,” a sort of “Bethunemania” erupted. Filmmakers, poets, and writers delved into his life story, and a Toronto high school was named in

his honour. Still, many Canadians couldn't forgive him for being a communist.

EARLY DAYS

Born in Gravenhurst, Ontario, in 1890, Henry Norman Bethune had a boyhood hero: his grandfather, **Dr. Norman Bethune**, who began his medical education at King's College, which later became the University of Toronto. Young Henry was impressed that during the Crimean War, his granddad had been a military surgeon. At the age of eight, Henry hung his grandfather's nameplate on his bedroom door and

insisted he was no longer Henry, but Norman.

As a boy, he seemed to look for trouble and was often at odds with his father, a Presbyterian minister. Although Norman participated in daily Bible study while growing up, he eventually claimed to be an atheist.

BECOMING A PHYSICIAN

In 1912, Bethune started U of T's medical program. But just as he was about to enter his third year, Great Britain declared war on Germany. Bethune was among the first Canadians to enlist, eager to serve king and country but perhaps most of all, to quench his adventurous spirit.

At the beginning of the First World War, Bethune joined the army medical corps and was posted in France as a stretcher-bearer. Six months later at the Second Battle of Ypres in Belgium, shrapnel severely injured his leg.

After recovering, he was disappointed not to be sent back to France but told to complete his medical training. After an accelerated program at U of T, Bethune graduated in December 1916 alongside **Frederick Banting**.

Bethune started his medical career by doing a locum in Stratford, Ontario. In spring 1917, he returned to Toronto where, while walking down the street, a woman pinned a white feather on his lapel. This symbol of cowardice made him question why he was strolling around the city, enjoying the spring breeze, when Canadians were dying overseas in trenches.

That fall, he enlisted in the navy, remaining on the H.M.S. *Pegasus* until the war ended in November 1918.

CHANGING DIRECTION

The following year, Bethune interned in pediatrics in Edinburgh and London, England. He also became fascinated with surgery, starting his surgical career at Toronto General Hospital in 1921.

Then in 1928, Bethune joined thoracic surgical pioneer Dr. Edward Archibald, surgeon-in-chief at Royal

Victoria Hospital in Montreal. There, Bethune developed or modified 12 thoracic surgery instruments including the Bethune Rib Shears, which he modelled after the leather-cutting scissors at the United Shoe Machinery Company. Shears after the Bethune Rib Shears are still in use today.

Bethune wasn't just creative. He was restless, temperamental, and prone to spewing unpopular beliefs about the medical system. After five years, Archibald fired Bethune. But soon, Bethune was appointed the Chief of Thoracic Surgery at a hospital just north of Montreal. Three years later, he left the position having trained two thoracic surgeons to take his place.

AHEAD OF HIS TIME

While in Montreal, Bethune became acutely aware of the socio-economic aspects of health. He opened a free-of-charge clinic on Saturday mornings for those who couldn't afford care. On the radio, he provided education on how to prevent tuberculosis.

Bethune was critical of his fellow physicians. In a speech he said, "We set ourselves in practice, all smug and satisfied, like tailor shops. We patch an arm, a leg, the way a tailor patches an old coat. We're not practising medicine, really, we're carrying on a cash-and-carry trade."

In a presentation to those eager for reform, he took his ideas a step further: "Let us take the profit, the private economic profit, out of medicine, and purify our profession of rapacious individualism. Let us make it disgraceful to enrich ourselves at the expense of the miseries of our fellow men."

In the 1930s, Bethune began pressuring the government to make radical reforms and provide free health care to all. He demanded that doctors be placed on salary. In 1935, discouraged by the lack of change, Bethune joined the Canadian Communist Party.

HIS MOST RENOWNED INVENTION

In 1936 the Spanish Civil War broke out, and Bethune was soon in Madrid to help fight fascism. His years as a

stretcher-bearer in the First World War made him aware that most wounded soldiers needed to receive blood soon after they fell.

The idea of a mobile blood bank wasn't new, but no one could summon the nerve to pursue it. Bethune, a risk-taker since childhood, dared to try.

At the time, transfusions were made directly from one person to another. The idea of creating a blood bank and storing blood in bottles was revolutionary.

Every blood donor needed to be tested for malaria and syphilis, which were endemic in Spain. But with thousands of young men in immediate need of blood, Bethune and his colleagues decided that a wounded soldier would want to live – even if he acquired syphilis. Later, the soldier could be treated for the disease. To meet the urgent need, the team decided to test only for blood type.

Over the radio, Bethune asked for blood donors. The next morning, a long line of volunteers snaked around several blocks.

To take the blood onto the battlefield, Bethune devised a vehicle that included a refrigerator, sterilizing unit, and equipment for giving blood transfusions.

The service grew quickly. Soon, the vehicles were serving on a frontline that measured 100 kilometres. The mobile blood bank was dubbed one of the greatest innovations in military medicine, but Bethune joked that it was just a “glorified milk delivery service.”

GOING TO THE WOUNDED

Bethune wanted to support the Chinese Communist Party during the Second Sino-Japanese War. In January 1938, he arrived in Yanan where he met **Chairman Mao**, who had heard of Bethune's heroics in Spain. Mao urged him to create travelling blood banks and encouraged Bethune's latest idea: a mobile surgical unit.

To prepare for surgery on the battlefield, Bethune designed wooden containers that fit on the backs of three mules. The boxes contained surgical instruments that Bethune designed, and that local carpenters and blacksmiths made. They also held a collapsible operating table, antiseptics, 500 dressings, and 500 prescription drugs.

In China, Bethune courageously performed emergency surgery in the midst of battle, treating casualties from both sides.



Portrait by Irma Coucill, Canadian Medical Hall of Fame

With about 2,300 wounded soldiers in hospitals, Bethune urgently needed more health care workers. Instead of despairing, he trained young village men in anatomy, physiology, and how to treat minor wounds. Calling the men “barefoot doctors,” he graduated them in one year.

Bethune worked constantly. In his diary he wrote, “It is true I am tired but I don't think I have been so happy for a long time. I am content. I am doing what I want to do.”

FINAL DAYS

While operating on a wounded soldier, Bethune accidentally cut his finger on an osteotome. He bandaged it and kept right on working. A few days later, while performing surgery on a soldier's infected brain, the micro-organisms seeped through his still-open wound. Within two weeks, he was feverish and couldn't get out of bed. Refusing to have his arm amputated, Bethune, at age 49, died of septicemia on November 12, 1939.

A month after his death, Chairman Mao wrote a eulogy for Bethune that became mandatory for all Chinese schoolchildren to memorize. The eulogy includes this passage:

“We must all learn the spirit of absolute selflessness from him. With this spirit everyone can be very useful to the people. A man's ability may be great or small, but if he has this spirit, he is already noble-minded and pure.”



An Important Notice to MAA Members

This notice was sent to members 19 April 2023

To members of the Medical Alumni Association of the University of Toronto (MAA),

For more than one hundred years, the MAA has been financially supporting medical students at the University of Toronto. It has also served to connect medical alumni through publications and by helping with reunions. Incorporated in 1947, the MAA has operated separately from the Faculty of Medicine, now the Temerty Faculty of Medicine (TFM).

Over the past decade, there has been a steady decline in the number of MAA donors and donation revenue. We can now foresee a time when annual donations will not meet our needs. In considering this situation, the MAA Board has concluded the best way to continue to support current students and alumni is to end independent operation and join with the TFM.

The MAA is negotiating an agreement with the TFM. While all details have not yet been worked out, the TFM has agreed to continue the MAA funding programs. In fact, MAA funds transferred to the Faculty will be matched from University funding, effectively doubling the amount our programs can achieve.

Support for class reunions will continue. The TFM Alumni Relations office has staff to support class reunions and has been doing so in recent years in partnership with the MAA.

The legacy of the MAA will endure. Our awards and bursaries will be maintained with MAA in the title. New Medical Alumni Association (MAA) Awards will be established with undesignated MAA funds, to be awarded annually to several medical students based on financial need. The *MAA Matters* digital magazine will continue; there will be recognition on donor walls at the Faculty and central University; and there will be a permanent Medical Alumni Association Garden outside the Medical Sciences Building. Alumni will continue to have a voice in the TFM through a Medical Alumni Advisory Council which will be established.

This has not been an easy decision, but the MAA Board of Directors believes that joining with TFM is in the best interests of both medical students and alumni. We will soon be announcing a Special General Meeting of members (all MD alumni) to confirm the decision. We look forward to your support for this important step in ensuring ongoing alumni support of the medical students.

Sincerely,

David McKnight, 7T5
President, MAA

[Download pdf](#)

GRATITUDE AND APPRECIATION



From our students

I am a student in the combined MD-PhD program and the first in my family to complete an undergraduate, graduate, and soon an MD and PhD degree. I was born in the Philippines and immigrated to Canada when I was four years old and raised in a diverse neighbourhood in Scarborough. I went on to earn an undergraduate degree in global health and a master's of science in cancer psychiatry research at U of T.

For my PhD, I am interested in learning how to generate robust evidence related to the implementation of health interventions in low- and middle-income settings – settings that are too often unheard and deprioritized in research. I plan to leverage qualitative and quantitative methods to identify barriers and facilitators to

successful implementation of health care interventions and evaluate their clinical and implementation effectiveness on a global scale. Your funding will contribute to my achieving this goal and my future as a physician-scientist.

Once again, thank you for your generosity. Please rest in the knowledge that your funding has gone toward helping me reach my ultimate dream of a happier, healthier world.

Bryan Gascon

I was thrilled to learn that I am the recipient of an MAA award, and I deeply appreciate your support. I am a first

-year student in the MD program, looking forward to completing my degree as part of the Class of 2026. I am interested in women’s health, and am also passionate about advocating for the health and well-being of marginalized and racialized populations.

income family and am forever grateful for my parents, who sacrificed so much to allow me to go to university and study kinesiology. As an undergrad, I decided to pursue medicine as a career, although going to medical school and living in Toronto is very expensive.

Thank you for supporting Black students, such as myself, who are pursuing a career in medicine. I hope to someday give back and help students as you have helped me.

Toluwanimi (Nimi) Durowaye

I am interested in family medicine although I am only in second year so am open to exploring other areas of medicine. I am passionate about health promotion and am part of the student-led IMAGINE clinic, which helps run workshops on health-related topics for underhoused individuals in downtown Toronto.

I am extremely grateful to have received an MAA award to support my studies at U of T.

I hope one day to be able to help students achieve their goals just as you have helped me.

Daniel Lindsay

I am a first-generation medical student from a small town in southwestern Ontario. I grew up in a lower

Thank you to the Meds alumni who so generously support the MAA mission to help medical students at the University of Toronto. Your generosity continues to bring hope. Thank you for helping our medical students become tomorrow’s physicians.

MAA FUNDING ACADEMIC YEAR 2021–2022

The MAA provided a total of \$426,443 in support to medical students in the 2021–2022 academic year.

Awards	\$20,565
Bursaries	\$215,250
Comprehensive Research Experience for Medical Students (CREMS)	\$16,500
Medical Society activities and student programs	\$17,128
Additional student funding	\$4,000
Zero-interest loans	\$153,000





Class Notes

News from your classmates

CLASS OF 5T3

Dr. Geoffrey BEATTY is living in a retirement home in Toronto. He writes, "I have a number of interesting terminal conditions that just will not go away or progress to a death form." Recently, Geoff was in touch with classmate Dr. Jim McGillivray, who lives in Collingwood, Ontario. "I believe he intends to get those in our class together for a meal," writes Geoff. This year, the Class of 5T3 is celebrating their 70th anniversary.

Dr. Jerome KOPSTEIN sends his congratulations to his classmates on the occasion of their 70th anniversary.

CLASS OF 5T7

Dr. John DEADMAN, who is retired as an associate clinical professor at McMaster University, has written a book: *Invisible Insanity: A Social History of Mental Illness in Canada and the World*. John says that it should be published soon.

CLASS OF 5T8

Dr. Bill CUMMING reports, "I seem to have developed epilepsy and diabetes in the recent months. I hope they'll be controllable." Bill and his wife live in Gainesville, Florida, in what Bill describes as "a big old house."

Dr. Ron LEVY continues to practise in Great Neck, New York. In the summer, Ron enjoys fly-fishing, tennis, and golf. He writes, "My daughter Elissa recently had a show of satin

tapestries at the Fashion Institute of Technology, and my son Jordan is busy in Los Angeles as the Director of Photography for comedy events and commercials. And Dad is fine! Regards to all."

CLASS OF 5T9



Dr. Barry LITTLE recently published a book, *The South Side of Queen: A Burlesque Theatre Family Saga*. The book traces the history of Barry's family, who owned and operated the Roxy and Casino theatres, just steps from Toronto's Old City Hall. In 1935 at the Roxy Theatre, Barry's grandfather, Avner Appleby, was murdered. In the book, Barry shares his memories of interacting with performers, patrons, politicians, and the police. *The South Side of Queen* is available in print and electronic versions on Amazon and Book Depository.

CLASS OF 6T1

Dr. Bill DALE and his wife, Margaret, turned 90 last year. Bill writes, "We both consider ourselves beautiful on the inside but on the outside, not so much. Since moving to Port Hope six years ago, I have had trouble finding a family doctor. Shortly after moving to Port Hope, I ran into an old doctor friend, Bill Harris, and his wife, Penny. We have become good friends and meet every week for an 8 a.m. breakfast at a restaurant on Rice Lake. Bill and I both have atrial fibrillation so we call ourselves the 'Fibrillating Twins!'"

Dr. Ivan JACKSON spends hours preparing posts that he sends out three times a week. “They tend to have biblical concepts,” he writes. “Over 63-and-a-half years married to my sweetheart, Carol. We now have seven great-grandchildren.” Contact: ivanjackson8209@gmail.com

Dr. Ted TULCHINSKY, a co-author of *The New Public Health*, announces that its fourth edition will be released this spring. The first edition came out in 2000; since then, the textbook has been translated into seven languages. “It’s based on over five decades of public health in Canada, Israel, the United States, and Europe,” he writes. “Greetings to the classmates of 6T1.”

CLASS OF 6T8

Dr. Sheila DOYLE writes that she’s “still plugging away! I supervise PAs at a nearby walk-in clinic. This enables them to get the hands-on experience. I monitor online and they call if they need to discuss something. Three days a week, and the work keeps me on my toes. Hope to finish this May!”

Dr. Ian Sutherland thanks his classmates who sent in stories for the Meds 6T8 Class Anthology. It will be ready for the class 55th reunion at Milan & Beth Springle’s home on June 17, 2023. If you would like to contribute a story to the anthology, as soon possible email it to Ian at riansutherland@gmail.com.

CLASS OF 7T3

Dr. Mel BORINS has released:

The book *Bali – A Great Place to Visit*. It’s available on [Amazon](#)

The music [album](#) “Legacy”

The [video](#) *Positive Songs and Photos to Lift Your Spirit*.

CLASS OF 7T5

Dr. Brian SILVER retired from his midtown Toronto family practice on December 31, 2021. Unfortunately, his retirement did not go as planned. In 2022, Brian’s wife, Dr. Shirley Epstein, also from the Class of 7T5, began “to have some difficulties with balance and some softer cognitive changes,” Brian writes, “and despite many investigations, MRIs, and LPs, she succumbed to an undiagnosed neurological condition by late August.” She was 72 years old. “I have started baking again and am learning to cook,” Brian continues, “but after being with Shirley since our first date on October 16, 1971, it is understandably a difficult transition.”

CLASS OF 7T6



Dr. James OOI, now 72, is hoping to retire in three different locales, spending about one-third of the year at each location. He wants to retire in Sacramento/Chico in California; Cabo in Baja California Sur, Mexico; and Bend, Oregon. “My retirement places are mostly for my sports,” he explains. “I’ll be snorkelling, scuba diving, and learning to surf in Cabo; and skiing at Mount Bachelor and Lake Tahoe in the winter. Then there’s tennis in between places.” James is interested in meeting with his fellow alumni who have retired. “I have always been curious as to where we would end up after our medical career ends,” he writes. Rather than going to museums or on cruises, he would like to visit you. “Your backyard is my tourist destination,” he writes. “If you desire to come to my backyard, please email me for the times I will be at the various places.” Contact: jamesooimd@gmail.com

Dr. Peter TINITS retired from the practice of anesthesiology in 2022; however, he still works as a coroner. He has written three books. *A Cause and Manner* is a novel about a sleep-deprived anesthesiologist who consults with his friends about how to deal severely with his wife’s lover; this noir thriller was published in 2020. *Millennium Lament* is an illustrated collection of poetry and short prose that was published in 2022. And being released this spring is Peter’s latest novel: *An Undetermined Manner of Death*. Peter writes that in the book, “The attractive beneficiary of a new life insurance policy promotes a homicide verdict to the coroner investigating her father’s apparent suicide.”

CLASS OF 7T7

Dr. Robert ZELDIN has retired from clinical practice after more than 38 years on Active Staff at Michael Garron Hospital, formerly Toronto East General Hospital. He practised thoracic and general surgery for the first 23 years. Then in 2005, he started focusing on thoracic surgery. Robert helped establish one of the province’s Thoracic Centres of Excellence, which attracted four like-minded surgeons. Now, Robert will assume a mentorship role at Michael Garron Hospital, helping new surgeons get started and older surgeons plan for their retirement. Robert is an avid golfer and swimmer and lately he has become a pickle ball enthusiast.

CLASS OF 7T8

Dr. Peter DODEK has retired after 30 years of critical care and 36 years of academic life. He is now a professor emeritus at the University of British Columbia. He continues to be a co-investigator in a variety of research projects and

is mentoring intensivists in South Asia and Africa through Critical Care Asia/Africa. He also volunteers at a local food bank and enjoys speaking to elementary and high school students about careers in health care. He looks forward to visiting with his classmates at their 45th anniversary reunion in Toronto.

CLASS OF 7T9

Dr. Steve ROSENFELD retired from orthopedic practice in 2018.

CLASS OF 8T6

Dr. Katharina MANASSIS, who founded and led a program for anxiety disorders at the Hospital for Sick Children, has written several related books for parents and professionals. Now a professor emeritus in Temerty Medicine's Department of Psychiatry, she has written another book: *How Taking Your Time Saves Time: Paradoxical Lessons for Our Own and Others' Well-Being*. It's on Kindle and will be available in paperback later this spring. Contact: kmmanassis@gmail.com

CLASS OF 8T8



Dr. Edsel ING was appointed the Chair of the Ophthalmology Department at the University of Alberta. In August, Edsel will become the Edmonton Ophthalmology Division Zone Chief.

Dr. Shafiq QAADRI has returned to family practice after 16 years as the MPP for Etobicoke North in Toronto. He writes, "Daughter in med school, son pre-law, youngest son Grade 4, Upper Canada College. The traditions live on ..." Contact: drshafiq@rogers.com

CLASS OF 8T9



Dr. Paul THISTLE has provided full-time medical service in Zimbabwe for 28 years, most recently at Karanda Mission Hospital. In 2020, Paul became the Medical Director at Karanda. In

2021, he was appointed the first full Professor in Global Health at the University of Toronto's Department of Obstetrics and Gynaecology. His wife, Pedrinah, is now the Head of the Midwifery Training School. Of their three sons, Alexander, age 18, and Andrew, age 8, attend school in Zimbabwe. Their eldest son, James, is enrolled in a neuroscience program at U of T. Paul writes that he and

Pedrinah "believe that their service must be wholehearted and holistic, ... to mind, body, and spirit. In African culture, as elsewhere, it takes time and patience to foster strong relationships and build healthy communities. It is worth it! Joy does find a way." Contact: drpsthistle@gmail.com. Photo: The Thistle family in Kenora, Ontario

CLASS OF 9T1

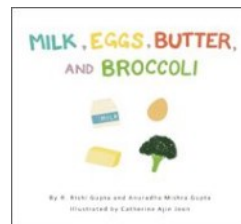


Dr. Carol DURNO has run her first full marathon, the Paris Marathon on April 2. "I felt I needed to have a goal and do something new in 2023," writes the longtime runner. "I had raced a number of half marathons, raising money for a number of different charities." Also a first this year is that Carol trained and ran with her 20-year-old daughter, Cassie King, a third-year health studies student. "We are dedicating this race to raise impactful funds for pediatric cancer research at Sinai Health," Carol continues. "As mom, it is wonderful to be having this experience with my daughter." Photo: Carol Durno with her daughter Cassie.

CLASS OF 9T3

Dr. Lara CAVANAUGH, a pediatrician, has been in private practice in Tampa Bay, Florida, for 30 years. "I am now a certified life coach and have a private business coaching physicians, residents, and medical students on anything from relationships to time management, charting, motivation, and emotional well-being," she writes. "It's so important for physicians to stay well!" Contact: laracav1@gmail.com

CLASS OF 0T6



Dr. Rishi GUPTA is excited to share his new children's book, *Milk, Eggs, Butter, and Broccoli*. The story unfolds through imaginative play as the child is guided to tap, press, swipe, tilt, or shake the book. "It's

filled with opportunities for children to practise counting, learn the names of their fingers, test their memory, follow instructions, and sing," writes Rishi. "All proceeds from the 2023 sales will be donated to the Halifax IWK Children's Hospital." Those living in the United States can order the book on Amazon. Canadians can order it by emailing Rishi: rishiguptamd@gmail.com. For a peek at the book, visit <https://www.youtube.com/watch?v=Zl75KJB3bB8> ■

Class Reunions

CLASS OF 6T3

The class will celebrate their 60th anniversary with a reunion on the June 3 and 4, 2023, weekend. There will be a reception and dinner at the University of Toronto Faculty Club on Saturday, June 3. Then on Sunday, June 4, there will be a brunch at the Faculty Club. In honour of their 60th anniversary, the class will award the first bursary from the MAA Class of 6T3 Bursary Fund this fall.

CLASS OF 7T2

It will be a belated 50th anniversary celebration for the Class of 7T2 at its class reunion on June 2 and 3, 2023. On Friday, June 2, there will be a reception and dinner starting at 5 pm in the Great Hall at Hart House. On Saturday, there will be a Meds Program Campus Tour and Meet & Mingle with MD Students from 1 to 3 p.m.

CLASS OF 7T3

On May 31, 2023, there will be a luncheon in the Great Hall at Hart House from noon to 2 p.m. For more information and register, visit [here](#). Kindly RSVP by **May 8**.

CLASS OF 7T8

The class is celebrating their 45th anniversary! On the evening of Saturday, June 3, 2023, there will be cocktails starting at 6:30 p.m. and a dinner and dance starting at 7:30 p.m.

In addition, there will be a CME from 8:30 a.m. to 12:30 p.m. on Sunday, June 4. It includes a light continental breakfast and lunch. Let us know if you have an idea for a presentation you'd like to make or a classmate you'd like to hear from!

Both events will be at the Bayview Golf and Country Club, which is near Steeles and Leslie in Thornhill, Ontario. This beautiful venue has a country feel and offers free on-site parking.

The cost for the dinner is \$150 per person and includes a buffet, wine with dinner, and a cash bar. (Vegan meals are available on request at no extra charge. Kosher meals are available on request; there will be an extra charge, and the cost will depend on the number of kosher meals ordered.) The CME with breakfast and lunch is \$75 per person. Register [here](#). Please indicate which events you will be attending.

CLASS OF 8T1

A 40 + 2 year reunion will be held on Saturday, November 4, 2023, at the Scarborough Golf and Country Club. For more information, email Adriana Pecorari at 5angels@rogers.com

CLASS OF 8T3

The class reunion has been postponed until further notice.



INQUIRIES

[Email](#) inquiries about class reunions to Tsukiko Miyata, Events and Alumni Relations Coordinator, Temerty Faculty of Medicine.

CLASS OF 6T6

In Memory of Dr. Juanita Arline McLean

DR. JUANITA ARLINE MCLEAN, NÉE GALLAUGHER, AT AGE 83, ON FEBRUARY 6, 2023

by Dr. Bob Lester, Class of 6T2



When I first met Arline shortly after her arrival at Sunnybrook in 1971, I thought to myself, “What a lovely, quiet, and reserved person.” Little did I know that I had just bumped into a veritable dynamo.

In 1971, Arline became a staff neurologist at Sunnybrook. In 1974, she received her MSc in neurophysiology.

At a time when there were very few females in neurology, she became known as a highly respected pioneer for women in this specialty.

Early on, it became evident that she had great strengths in teaching and education. She was appointed Sunnybrook’s Hospital Coordinator, Undergraduate Medicine in 1977. Her natural leadership skills resulted in her being appointed Acting Head of the Division of Neurology in 1993 and subsequently, Deputy Physician in Chief of Sunnybrook’s Department of Medicine in 1994.

In the 1980s, Arline was one of the first neurologists to specialize in neurophysiology and was instrumental in creating the Sunnybrook Neurophysiology Lab. She led the lab for two decades.

Her outstanding career was recognized in 2010 when she was appointed Associate Professor Emerita, University of Toronto.

However, Arline was far more than an excellent clinician/teacher. She had an abounding passion for life. Family was of great importance to her, and she was a loving wife, mother, and grandmother. She always looked forward to time with her family and friends at the family cottage on

Pine River in Mulmur, Ontario. She was forever ready for the next adventure and an excellent athlete, being both an accomplished curler and an ardent golfer.

It was clear to all that Arline had many exceptional gifts, a love for her work and her family, an incredible sense of kindness, and an authentic concern for helping others. It has been written that life is a journey and death a destination. Arline’s journey was well-travelled, and she will be sorely missed by family, friends, and colleagues.

[Family’s memorial](#)





In Memoriam

Lives Well Lived

CLASS OF 4T7



Dr. Natalie Mary DYER, in 2022. Natalie was an anesthesiologist at Humber Memorial Hospital in Toronto before joining the team opening the Planned Parenthood Clinic in Toronto's west end. Her husband, Dr. Allan Dyer (Class of

6T7), invented VAX-D, a vertebral axial decompression bed to treat herniated discs. Later, Natalie joined Allan in establishing the VAX-D Medical Technologies company. Both Natalie and Allan retired in their 90s. One of Natalie's two daughters is Dr. Cinda Dyer from the Class of 8T4.

CLASS OF 4T8

Dr. Berton GRAPES, on November 3, 2022. Berton was a surgeon and the Chief of Staff at Cambridge Memorial Hospital in Ontario. He enjoyed sailing, skiing, and travelling with friends and family. To Berton, community service was important; he was the President of the Galt Rotary Club and the Rotary District Governor, heading more than 50 Rotary clubs. [Family's memorial](#)

CLASS OF 5T1



Dr. Wilford Lloyd ANDERSON, at age 96, on March 22, 2023, in Oakville, Ontario. For 42 years, Wilf was a family physician in Oakville. He lived a full life. An accomplished pianist, he played hockey, football, and basketball, and was passionate about

golf. In the 1960s, Wilf and two business partners developed the Upper Canada Golf and Country Club on land they purchased from Jesuit priests. Later, the partners sold their interest in the golf course, which is now known as Glen Abbey Golf Club. [Family's memorial](#)

Dr. James Thompson COLQUHOUN, at age 95, on December 9, 2022, in Thunder Bay, Ontario. After two years of internship, Jim returned to his hometown of Port Arthur, Ontario. He practised family medicine at the Port Arthur Clinic for 60 years, doing house calls, delivering babies, taking shifts in the hospital's emergency room, and assisting in its operating room. Jim also assumed many leadership roles: he was the Chief of Staff at St. Joseph's Hospital in Port Arthur and on the executive of the Thunder Bay Medical Society, Ontario Medical

Association, and Canadian Medical Association. He was the first doctor from northern Ontario to be the President of the OMA. Jim often said he had the best job in the world.

[Family's memorial](#)

Dr. Edward NAPKE, at age 99, on February 13, 2023. The focus of Ed's practice was pharmacovigilance. In 1963, the Canada Food and Drug Directorate asked him to help implement new regulations following the thalidomide tragedy. His work eventually gave rise to Canada's Poison Control and Drug Adverse Reaction Program. After retiring from Health Canada in 1990, he continued as an honorary consultant to WHO's Collaborating Centre for International Drug Monitoring while he was well in his 90s. An activist by nature, Ed took on leadership roles for numerous causes. As the President of the Non-Smokers' Rights Association, for example, he successfully advocated for Ottawa's first bylaw to prohibit smoking in some public places. Ed was passionate about jazz, jitterbug dancing, theatre, and travel. [Family's memorial](#)



Dr. Helen Louise Eydt REESOR, at age 97, on January 25, 2023. Helen had a family practice in Waterloo, Ontario, and also worked at University of Waterloo Health Services. As well, she served as the President of the College of Physicians and Surgeons of Ontario. After retiring, she participated in

Singing Waters Ministries near Orangeville, Ontario, and travelled with the "Marney Patterson Invitation to Live" team. [Family's memorial](#)

CLASS OF 5T4

Dr. Harry ABRAMSON, on January 10, 2023. Harry was a cardiologist in Toronto. [Family's memorial](#)

Dr. James Ewart CHARTERS, at age 95, on March 10, 2023, in Whitby, Ontario. After serving as a Captain in the Royal Canadian Air Force's Medical Service, Ewart moved to Alliston, Ontario, where he was a general practitioner from 1960 to 1978. Then, he moved to Mobile, Alabama, where he practised until 1998. Ewart collected antique clocks and enjoyed sharing his knowledge of clocks with his friends and the clock community. [Family's memorial](#)

CLASS OF 5T5

Dr. Ralph FLORENCE, on December 27, 2022. Ralph was a dermatologist. In his spare time, he enjoyed golf. [Family's memorial](#)

Dr. Patricia Jane IRWIN, née Scully, at age 91, on September 18, 2022, in Cornwall, Ontario. In 1963, Patricia became Cornwall's first female doctor. She was married to Dr. Max Irwin, also from the Class of 5T5, who died in 2017. [Family's memorial](#)

Dr. William Ross WALTERS, at age 92, on September 26, 2022, in Hanover, Ontario. Classmates may remember Bill ("Bucky") as an athlete, playing on the Varsity Blues hockey and football teams. After graduating, he interned in Wichita, Kansas, and studied urology at the Cleveland Clinic. On returning to Canada, Bill practised in Caledonia, Ontario, with a senior physician. Then from 1963 to 1993, he had a general practice in Mildmay, Ontario, with hospital privileges at the general hospital in Walkerton. After retiring, Bill did numerous locums in various communities in northern Ontario until his mid-70s. He enjoyed golf and travelled with the North American Medical Golf Association through the United States and Europe. He lived at his country home and loved sighting deer on his front field. [Family's memorial](#)

CLASS OF 5T6

Dr. Sorrell Harold WAXMAN, at age 94, on February 26, 2023, in Kahala, Hawaii. After finishing his residency in Seattle, Washington, Sam moved to Hawaii, the home of his soon-to-be bride, and began his pediatrics practice at Kapiolani Hospital in Honolulu. Sam specialized in endocrinology and metabolism there until 2014. He was also a clinical professor in the Department of Pediatrics at John A. Burns School of Medicine in Honolulu and involved in early growth hormone (GH) studies. Sam became the GH thought leader on the islands and was a key contributor in all Genentech GH studies. He dedicated much of his free time to the Juvenile Diabetes Research Foundation. [Family's memorial](#)

CLASS OF 5T7

Dr. Hisashi MATSUSAKI, at age 94, on March 12, 2023. He was a physician in Hamilton for more than 30 years. [Family's memorial](#)

CLASS OF 5T8



Dr. Ronald William Roy CHARLTON, at age 91, on October 5, 2022, in Toronto. For more than 35 years, Ron had a private practice that served the Toronto communities of Highland Creek and West Hill. Then for 15 years, he was the family physician at Scarborough

Retirement Residence. Ron retired at the age of 86. After practising his golf swings at home and playing many, many rounds at Whitevale Golf Course, he sunk a hole in one. [Family's memorial](#)

CLASS OF 5T9

Dr. Paul GREENHOW, at age 89, on December 27, 2022. Paul interned in Toledo, Ohio, and practised family medicine for a short period. He then trained in diagnostic radiology and had a long, successful career at St. Joseph's Hospital in London, Ontario, and London X-Ray Associates (LXA). For many years, he managed the LXA practice, gaining a reputation for arriving at work early and leaving late. After retiring from full-time practice, he did locums at various hospitals in southwestern Ontario, including Four Counties Hospital in Newbury where he served as Chief of Diagnostic Imaging. At age 75, he suffered a stroke that forced him to stop practising. With the assistance of the stroke rehabilitation program at Parkwood Institute in London, he was able to enjoy another 14 years of life. Paul spent summers at Hall's Lake in Haliburton, Ontario, where his family and relatives have been cottagers for more than a hundred years. He also spent many winters vacationing in Sarasota, Florida. [Family's memorial](#)

CLASS OF 6T1

Dr. Marvin SAZANT, on November 15, 2022, in Toronto. [Family's memorial](#)

Dr. Norman Morton WOLFISH, at age 86, on July 18, 2022. Norman did a residency in pediatrics at the University of Toronto and then a pediatric nephrology fellowship at the Albert Einstein College of Medicine in New York City. In 1968, he started practising as a pediatric nephrologist at Ottawa General Hospital. Then in 1974, Norman began working at the Children's Hospital of Eastern Ontario in Ottawa, retiring in 2007. He received the Queen's Jubilee Medal for advocating for children who had been abused and people with a drug addiction. [Family's memorial](#)

CLASS OF 6T3

Dr. Hilda Christina HANLEY (MALISEK), at age 85, on January 7, 2023, in Milford, Connecticut. Hilda was a physician/endocrinologist for 43 years in Bridgeport, Connecticut. She was predeceased by her sister Dr. Phyllis Hanley Ross (Class of 5T8). [Family's memorial](#)

Dr. Ernest M. ZIMMERMAN, on November 27, 2022. After graduating, Ernest moved to New York City where he

trained in ophthalmology at SUNY Downstate Health Sciences University. Then he set up a practice in Washington, D.C. Ernest was proud to have served in the Royal Canadian Air Force. [Family's memorial](#)

CLASS OF 6T4

Dr. William Anthony CAWKELL, at age 84, on November 19, 2022. After graduating, Will completed a two-year internship at Cook County Hospital in Chicago. Then for two years, he served with Care Medico in Algeria and Malaysia. Arriving in Vernon, British Columbia, in 1968, he practised as a family physician for 46 years. [Family's memorial](#)

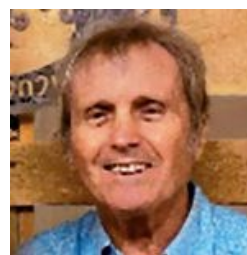
Dr. Franklin Wayne FURLONG, at age 81, on October 25, 2022, in Thornhill, Ontario. Wayne enjoyed a 53-year career as a forensic psychiatrist. He was an avid canoeist, skier, and traveller who was equally enthusiastic about his activities at the Toronto Cricket Skating and Curling Club. [Family's memorial](#)

CLASS OF 6T6

Dr. Robert Charles APPS, at age 81, on February 18, 2023. [Family's memorial](#)

CLASS OF 6T7

Dr. Bernard (Ben) BARTH, at age 81, on October 31, 2022. [Family's memorial](#)



Dr. Ronald Peter PEROFF, at age 80, on October 10, 2022. Sitting on a tropical beach on New Year's Day, knowing that Canada was covered in snow, Ron decided his medical practice would be in Hawaii. For over 50 years, Ron was an ear, nose, and throat

physician with the Honolulu Medical Group; he also had a private practice. He was the President of the Honolulu Medical Society and on several medical committees. While at the University of Toronto, the newspaper dubbed him "Rocket Ron" for his incredible running speed. In Hawaii, he ran the Honolulu Marathon in less than three hours on several occasions, joining the 4% of the world's fastest runners. Ron had planned to retire in December 2022. [Family's memorial](#)

CLASS OF 7T6

Dr. Charles Dennis WHITTY, on December 11, 2022, in St. Catharines, Ontario. Before studying medicine, Dennis earned a master's of science in plant biochemistry at the University of Guelph, and a doctorate in plant physiology and biochemistry at Purdue University in Hammond, Indiana. After graduating from medicine, he worked in the emergency department at Welland County General Hospital, Ontario, and in 1980 started his own practice in St. Catharines, where he later became the Chief of Staff at Hotel Dieu Hospital. Dennis liked photography, skiing, and flying a plane to destinations such as Edmonton and Miami. [Family's memorial](#)

CLASS OF 7T7

Dr. Bryan McCLELLAND, at age 69, on December 1, 2022. For nearly 50 years, Bryan practised in both Canada and the United States. He enjoyed sailing, hang gliding, reading, and football. [Family's memorial](#)

CLASS OF 8T4

Dr. James Arthur Charles HENRY, at age 69, on November 30, 2022. Jim was a family physician in St. Catharines, Ontario, for 37 years. He spent as much time as possible outdoors. In the summer, Jim enjoyed canoe trips, horse camping, and hiking. In the winter, he played hockey, skied, and went

snowshoeing with his dogs. [Family's memorial](#)

Dr. Jaroslaw WORKEWYCH, on December 25, 2022. Jerry was a family physician. For more than 30 years, he was a member of the Prut River Boys of St. Vladimir Institute in Toronto. This four-part a cappella group sang at weddings and other special occasions. [Family's memorial](#)

CLASS OF 8T8

Dr. Ann Foster KENNEY, at age 69, on January 24, 2023, in Hillsborough, North Carolina. Ann was a family practitioner for 30 years. From 1988 to 1997, she practised at Parliament Health Associates in Toronto; from 1997 to 2002, at the Family Medicine

Residency Center in Tupelo, Mississippi; and from 2003 to 2015, at the Family Care Center in Tewksbury, Massachusetts. [Family's memorial](#)

CLASS OF 0T4

Dr. Peter Andrew ZAKRZEWSKI, at age 47, on December 21, 2022. After completing his residency in ophthalmology at the University of British Columbia, Peter set up his practice in Langley, British Columbia, and became a staff physician at Langley Memorial Hospital. He enjoyed the family's four horses, four cats, two dogs,

two crayfish, and many chickens. Peter loved all things Tesla and was known for his welcoming personality and inquisitive mind. [Family's memorial](#)



About the MAA



The Medical Alumni Association of the University of Toronto is a charitable organization of U of T MD graduates, working in partnership with the Temerty Faculty of Medicine. MAA programs are funded by donations and bequests from alumni. The MAA provides financial assistance to medical students in the form of bursaries, grants, zero-interest loans and scholarships; connects alumni; and provides student and faculty awards to recognize excellence.

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University of Toronto

MSB Rm 3249, 1 King's College Circle, Toronto ON M5S 1A8
416-978-0990 | maautoronto.ca | maanews@utoronto.ca